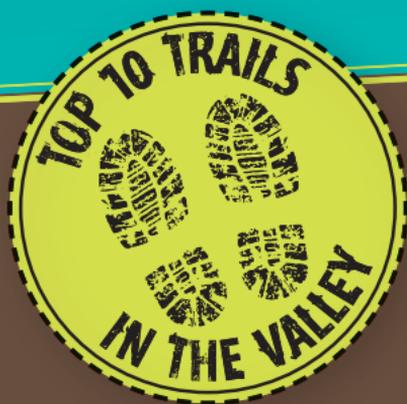


# cumberland valley pa

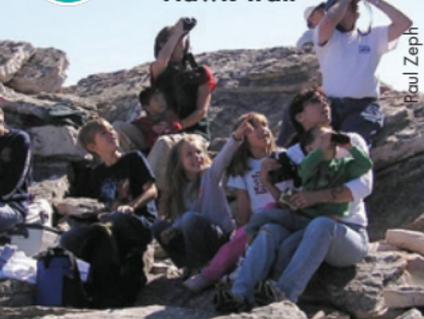
The Midway Point of the Appalachian Trail



## Find more info

about our top trails and best hikes at [visitcumberlandvalley.com/10hikes](http://visitcumberlandvalley.com/10hikes).

### 10 Waggoner's Gap Hawk Trail



### 9 Army Heritage Trail



### 8 Sunset Rocks Trail



### 7 LeTort Spring Run and Nature Trail



### 6 Mt Holly Marsh Preserve Trail Network



### 5 Kings Gap Trail Network



### 4 Flat Rock vista along the Tuscarora Trail



### 3 Cumberland Valley Rail Trail



### 2 Pole Steeple Trail



# FLIP TO SEE THE #1 TRAIL

Take a **JOURNEY** along the **#1 TRAIL** in



cumberland valley pa

## The Appalachian Trail

Find A.T. trip ideas, map and GPS coordinates for A.T. parking at [visitcumberlandvalley.com](http://visitcumberlandvalley.com).

### Experience the A.T. in Boiling Springs



Children's Lake



Iron Furnace



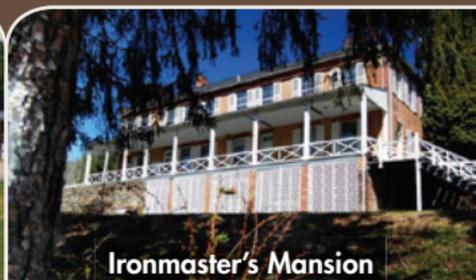
Boiling Springs, an official Appalachian Trail Community, is home to the Mid-Atlantic Appalachian Trail Conservancy (ATC). Stop by for trail maps, day trip suggestions, and free parking permits. This town offers the beautiful Children's Lake, the pre-Revolutionary War Carlisle Iron Works Furnace, Allenberry Resort Inn & Playhouse, and dining options including the quaint Caffe 101 and the historic Boiling Springs Tavern.

Hike the A.T. by following blazes across Bucher Hill Road, along the famous fly-fishing stream, Yellow Breeches Creek, then along Children's Lake. Continue past the gazebo to the ATC. You can also head south on the A.T., crossing a beautiful historic stone bridge, zig zagging through farm fields & taking a steady climb up South Mountain to Center Point Knob.

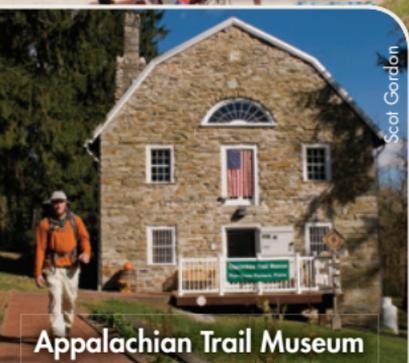
### Experience the A.T. at Pine Grove Furnace State Park



Laurel Lake



Ironmaster's Mansion



Appalachian Trail Museum



Koppenhaver Trail



A.T. Midway Point Sign

In addition to hiking the A.T., you'll also find a ton of unique experiences to explore at the award-winning Pine Grove Furnace State Park.

- Learn about trail history & preservation at the Appalachian Trail Museum.
- Stop at the General Store where hikers celebrate the half-gallon challenge.
- Hike along Koppenhaver Trail or up Pole Steeple for a view of the Valley.
- Uncover ruins from a Prisoner of War WWII camp on a self-guided tour.
- Take your picture next to the sign at the A.T. Midway Point.
- Stay like a thru-hiker at the Ironmaster's Mansion.
- Cool off at Laurel Lake or Fuller Lake.

[VISITCUMBERLANDVALLEY.COM/10HIKES](http://VISITCUMBERLANDVALLEY.COM/10HIKES)

