



2440 Pearl Street, Boulder, CO 80302 303.442.2911 • 800.444.0447 email: visitor@bouldercvb.com

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# BOULDER ARTS & CULTURE Guide

A Guide to Exploring Boulder's Creative Side



# 

Red rocks and blue skies, cool sunshine and long shadows, gripping mountain vistas and head-clearing **open spaces** — Boulder's natural setting is its muse, drawing artists from all over the world to live and create here in one of the most inspiring towns in the West.

But it's more than just outdoor beauty that makes Boulder an arts destination. A forward-thinking, risk-taking culture stretches back to 1877, when the **University of Colorado** made Boulder its home. Along with it came the free-thinking ways of a college town that was once called the "Athens of the West." **Naropa University**, founded by Tibetan Buddhist Chogyam Trungpa Rinpoche, added an even more progressive element to the educational makeup of Boulder when it opened its doors in 1974. Today, Boulder is recognized as a hotbed for successful **Internet start-up businesses**, with innovative programs such as Techstars creating a vibe of collaboration and big ideas.

The spirit of **innovation** crosses over into the arts, as well. With an impressive roster of cultural institutions and outpourings of **creativity** wherever you look, you'll find the atmosphere and yes, the **gorgeous setting** — positively energizing. Boulder's natural setting is its

muse. 🤊

Photos this page: ©Denise Chambers

# Art in the Outdoors

Local photographers, painters and writers lead field workshops (mainly in the summer) that include free art hikes, photographers' presentations, nature journaling workshops and walks to explore the artistic relationship with the natural world. It's all through the City of Boulder's Open Space and Mountain Parks (OSMP) and the Arts Program. **OSMPandthearts.org** 

ON THE COVER (clockwise from top): Musicians performing on Pearl Street @Kim Farin; Art & Soul gallery @Denise Chambers; Boulder Theater @Boulder Theater; "Hearts on a Swing" sculpture @Wally Gobetz; concert at Macky Auditorium @University of Colorado/Glenn J. Asakawa; Frequent Flyers® Aerial Dance @David Andrews; Gogol Bordello concert at Fox Theatre @Greg Younger; Boulder Dushanbe Teahouse @Wally Gobetz

# ARIE ENCOUNTERS

As in any great art town, chance encounters are woven into the experience in Boulder. You just know that you're going to see something different here. It's an environment that gives artists — and audiences permission to be innovative, experimental, creative and expressive.

> eet performe oto by Rich Grant

Boulder's pedestrian Pearl Street Mall has been called a "living stage." We'd have to agree. Catch live street performances by bluegrass bands, piano players, jugglers, contortionists and the famous Zip Code Man. And just outside the **Boulder** Arts & Crafts Gallery's door, you might catch an artist working on a project right in front of you.

Stop in the Chautauqua Auditorium to watch free, open rehearsals with the Colorado Music Festival June-Aug. Or for something totally different, attend a performance of the **Boulder** Laptop Orchestra (BLOrk) at the ATLAS Center for Media, Arts and Performance on the CU campus.

Be on the lookout for painters or painting classes sitting with easels, painting plein air next to Boulder Creek, in the Chautauqua Meadow or downtown.







Look for curated

unexpected spots

collections in

Bagels), coffee shops

The Sink is a landmark

covered in graffiti, from

ceiling to floor. Spot

President Obama and

Robert Redford's signatures

Artistry, innovation

are prized in the

restaurants. You'll find the

and wineries, too. (Out of

Bounds Stout or Falconer's

The National Center

for Atmospheric

Research (NCAR)

buildings were designed by

architect I.M. Pei, who also

designed the pyramids at

welcomes visitors and is also

trailheads into the foothills.

the Louvre. NCAR

the location of several

same kind of spirit in our

breweries, distilleries

Flight IPA, anyone?)

kitchens of Boulder's

and experimentation

- and lots of caricatures.

There's a costume night during the **Thursday Night Bicycle** Cruiser Ride. Join in the fun or just admire the costumes, decked-out bicycles and general revelry. You might also notice all of the creatively made **bike racks** 

around town.

Kerouac School of **Disembodied Poetics at** Boulder's Naropa University. See page 5 for info on the university's summer writing program.

Catch a live coffee shops in Boulder. Or join in the hula-hooping fun during the once-a-month "Hoopy Hour" at Shine Restaurant.

Pearl and 21st Streets and right down 21st St. is the ultra-creative madelife shop and Kakes Studios. with tons of drop-in movement classes from yoga to African dance.



party every Thursday

Poets Allen Ginsberg and Anne Waldman founded the Jack

performance at one of the dozens of

> Don't miss the intriguing murals at

# 10 More Surprises

- The Boulder Tattoo Project is working with 200 Boulderites who will tattoo themselves with parts of a single poem about the city, written by poet Anne Waldman.
- The animated sitcom "South Park" was create by Trey Parker and Matt Stone while they were film students at University of Colorado, Boulder



- Dozens of digital designers call Boulder home. The popular apps Paper Toss and DragonVale were created right here in Boulder and have been downloaded millions of times.
- Boulder has a notably high number of reality-show stars, from Monika Leigh of "The Voice" to "Top Chef" winner Hosea Rosenberg.
- Boulder's Second Story Garage brings in musical acts from Colorado - or those just passing through — and films them in a small recording studio in the newsroom of the Daily Camera, a Boulder newspaper.
- One of the most creative shoe lines around, Crocs was developed by three men from Boulder. The shoe's flagship store is on Pearl Street.
- Boulder has a "phantom sculptor" who has mysteriously left unclaimed large-scale works of art on residents' lawns and in front of the Boulder History Museum.
- Frederick Law Olmsted Jr., a noted landscape architect and son of the designer of New York City's Central Park, helped plan the city of Boulder.
- During Boulder's Truth Be Told, a bimonthly story slam, seven people tell five-minute stories to a standing-room-only crowd. Check out their annual Grand Story Slam event in February.
- Kidrobot, which makes limited-edition vinyl art toys and apparel, moved its headquarters from NYC to Boulder, citing the town's identity as an "arts hub" as a top reason.

Images (from top): @Melonstone/dreamstime.com; ©iStock: Courtesv of The Cosmopolitan of Las Vegas



# ANNUAL ARTS FESTIVALS *EVENTS* Visit BoulderColoradoUSA.com/events for a complete calendar.

# Colorado Shakespeare Festival @University of Colorado Boulder/Glenn J. Asakawa

303-776-9666

LOCAL LAB

720-379-4470

choruses, soloists and

New Play Festival

localtheatercompany.org

Three days of new works.

swanky gatherings and a

master playwriting class.

nationally known musicians.

the local party in the

# IANUARY

**Boulder Philharmonic** boulderphil.org 303-449-1343 Boulder's orchestra for more than 50 vears.

# **FEBRUARY**

**Boulder Ballet** boulderballet.org 303-443-0028 Annual imaginative and contemporary show.

## **Boulder International** Film Festival biff1.com. 303-449-2283 Celebrities, red carpet, films, workshops, panels and parties.



oulder Philharmonic with Frequent Flyers® erial Dance and Boulder Ballet ©Glenn Ross

# MARCH

Boulder Bach Festival **Boulder Arts Week** boulderbachfestival.org boulderartsweek.org A community-wide celebration of all the arts. Local area orchestras,

**APRIL** 

Celebrate Dance Month artsresource.org/dance-bridge

303-441-4391 Dance performances, workshops, master classes. films and dance parties.

©Sue Daniels Photogram

Communikev Festival cmkv.ora An intersection of sound,

design and technology in unique artistic forms. Conference on

World Affairs colorado.edu/cwa 303-492-2525 A week full of thought-

provoking panel discussions on the CU campus. The Makerie themakerie.com

303-885-3807 A creative retreat for skilled and beginning crafters alike.

## Taste of Pearl boulderdowntown.com 303-449-3774

From the heart of America's Foodiest Town (Bon Appétit), an afternoon exploring Boulder's culinary arts scene.

# Tulip Fairy & Elf Festival boulderdowntown.com

303-449-3774 The Tulip Fairy and her pint-sized helpers celebrate over 15.000 tulips in bloom on the Pearl Street Mall.

# MAY

Boulder Creek Festival bceproductions.com 303-449-3137 Huge Memorial Day weekend festival along Boulder Creek.

Boulder Home & Garden Fair homeandgardenmag.com

303-443-0600 Local style on display at the Twenty Ninth Street mall.

Boulder Startup Week boulderstartupweek.com Five-day conference where attendees learn about

entrepreneurialism. Chautauqua Summer Festival

Boulder's creative take on

chautaugua.com 303-442-3282 Concerts, films, speakers

and festivals at a National Historic Landmark. Through September.

# Mahler Fest mahlerfest.org

303-447-0513 For more than 25 years.

Mahler's music is celebrated with orchestral concerts. a symposium and voice recitals.

# IUNE

Bands on the Bricks boulderdowntown.com 303-449-3774 Local musicians play Pearl Street every Wed. at 5:30pm for 10 weeks in summer.

## Colorado Music Festival

comusic.org 303-665-0599 Classical music festival performed in the historic Chautauqua Auditorium through August.

Colorado Shakespeare Festival coloradoshakes.org 303-492-8008 Shakespeare under the stars on the CU campus. Through early August.

Hanuman Festival hanumanfestival.com Four days with world-class yoga instructors, music and inspirational experiences.

Naropa Summer Writing Program naropa.edu. 303-245-4862 Over four weeks, participants meet with some of the most accomplished and provocative writers of our time.

Twenty Ninth Street LIVE twentyninthstreet.com 303-444-0722 Great outdoor concert series on Saturdavs through August.



of the Arts on Twenty Ninth Street twentyninthstreet.com 303-444-0722 An open-air arts bazaar.

complete with views of the Flatirons.

**Open Arts Fest** boulderdowntown.com 303-449-3774

boulderdowntown.com Artisans display their 303-449-3774 work on the open-air Pearl Three-day festival with Street Mall. artists' booths. music and a

CU Presents

Artist Series

cupresents.org

303-492-8008

September-April.

**Boulder Fall Fest** 

children's carnival.

Fashion's Night

Downtown Boulder

boulderdowntown.com

A fashion show plus

in-store special events.

live music, food, mini-

of Dance Cinema

sanssoucifest.org

makeovers and shopping.

Sans Souci Festival

303-449-3774

Downtown

The world's finest jazz. classical world music and

Takács Quartet — come

# AUGUST

Aerial Dance Festival frequentflvers.org 303-245-8272 Celebrate the joy of dancing in the air with two weeks of classes and performances.

**Boulder Creek** Hometown Festival bceproductions.com 303-449-3137 Great entertainment along the banks of Boulder Creek.

**SEPTEMBER** 

**Fringe Festival** 

boulderfringe.com

Twelve-day unjuried,

unexpected places.

303-803-5643

Boulder International

uncensored arts events in

A niche film festiva specializing in dance cinema and incorporating live performance. Through December.







dance — including Boulder's own Grammy-award-winning to CU's Macky Auditorium,

inHOUSE Experimental Dance © Jennif

# Boulder Arts Week

Late March-early April, boulderartsweek.org For 10 solid days, all of Boulder is jam-packed with performances, exhibits and special events all over town.

# **OCTOBER**

## Adventure Film Festival adventurefilm.org

Thirty-some films and workshops celebrating the power of nature and stories of adventure.

## **Open Studios Fall** Artist Tour openstudios.org 303-444-1862

Visit the studios and homes of over 130 Boulder artists for two weekends.

# **NOVEMBER**

The Nutcracker Ballet boulderballet.org 303-443-0028 The Boulder Ballet performs the classic accompanied by the Boulder Philharmonic.

# DECEMBER

# CU Presents Holiday Festival cupresents.org 303-492-8008 A favorite holiday tradition

featuring classical music.

## Firefly Handmade Market fireflyhandmade.com

A market full of staggeringly creative handmade goods. The market takes place in summer and fall. too.



# Boulder Map

# NoBo Arts District

More than 220 artists and creative industries are clustered along Broadway in North Boulder, right alongside hotels, restaurants, wineries and breweries. First Friday art walks happen 6-9pm on the first Friday of each month, excluding January and July.

# Twenty Ninth Street

Dining, shopping, a brewery and outdoor summertime festivals are found at this shopping mall.

# Historic Downtown and Pearl Street Mall

The soul of Boulder is lined with galleries, shopping, acclaimed restaurants, hotels and breweries. Pearl Street is a "living stage," with frequent festivals, weekly live music events in summertime and daily street performers year-round.

# Chautauqua District

This National Historic Landmark offers lodging, concerts at Chautauqua Auditorium, cultural events and dining — all beside the iconic Flatirons, with hiking trails winding up into the foothills.



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# **Gunbarrel** Area

A neighborhood in northeast Boulder that's close to the Boulder Reservoir and home to Leanin' Tree Museum of Western Art, Shelby American Museum, Celestial Seasonings tea company, hotels, restaurants, a winery and breweries.

# Eastern Boulder Industrial Area

Galleries, theaters, distilleries, breweries, restaurants and wineries populate this up-and-coming warehouse district.

# University of Colorado Campus and University Hill

CU is a cultural center and home to several museums, as well as the Colorado Shakespeare Festival, Macky Auditorium, University Theatre, ATLAS Black Box theater and much more. Neighboring University Hill ("The Hill" to locals) has a museum, cafés, restaurants, bookshops and student culture.

# **Southwest Boulder**

Some of the nation's top federal laboratories are here, alongside restaurants, breweries and residential neighborhoods.

**H**A

Boulder's thriving visual arts scene means plenty of galleries to explore, many on or near the lively, pedestrian Pearl Street, You'll find artwork to admire in every medium.



# Mini Itinerary A Photographer's Tour of Boulder If you love photography, don't miss the best ways

to see Boulder through the lens.

Lunch at the dazzling

**Boulder Dushanbe** 

**Teahouse** is a must. It was

handcrafted and painted

in Tajikistan, shipped to

Boulder and assembled

piece by piece. Next, a stroll

through CU's campus will

have you snapping shots of

historical architecture and

vibrant student life.

# Morning

Not many people know about this spot to photograph the Flatirons: Head to the top of the parking garage at 14th and Walnut St. and catch the morning light. Walk a few blocks to Trident Café for a cup of coffee and to peruse the adjoining bookstore's excellent art book selection.

# Creative Culture

With the 8th highest concentration of artists in the country, creativity is found in every corner of Boulder. There are more than 30 art galleries, four museums, 32 movie and stage theaters, and a huge variety of cultural performances each year.



vine-covered stone bridges,

SmithKlein Art

Gallery on

Collector

Pearl Street

Photo by Stephen

Early evening light can be magical on **Pearl Street**, especially when street performers, strolling couples and families turn it into a living stage. Duck into the artful alley between Pearl and Spruce on 13th for a unique backdrop, and capture some interesting angles on the historic Boulder Theater marquee as it lights up in early evening.



# ACCORDING TO STEVE SPENCER



Steve Spencer is a local painter and manager of the free tour program at Celestial Seasonings,

where 140,000 visitors per year come to see the tea manufacturer's original art and take a tour. His own paintings are beloved by locals who find them hanging in local eateries.

# HOW WOULD YOU SPEND YOUR **IDEAL DAY IN BOULDER?**

I'd start with breakfast at the Chautaugua Dining Hall and a walk up one of the trails around the Flatirons. I'd take a watercolor pad and find a spot to paint one of the spectacular views or just a close-up view of nature.

Getting around Boulder is best done on foot or bicycle, and it's all downhill to Moe's Broadway Bagels for lunch. Then it's just a few blocks to Pearl Street and the Boulder Arts and Crafts Gallery. Several hours and several galleries later, as the sun sets over the mountains. I might watch some street performers or spend the evening at the Colorado Shakespeare Festival. dinner at Frasca Food and Wine or Oak on Fourteenth, and a chocolate from Piece, Love and Chocolate.

Whew! I'm exhausted. But maybe just a quiet walk through a beautiful, older, residential neighborhood to end a day that celebrates the unique quality of life that Boulder offers, where artful living comes naturally.

# GO INSID VISUAI ARTS SCENE

sutdio workplace Photo by Kim Farin Boulder's artists are a welcoming bunch, opening their studio doors to guests and sharing tips on little-known art gems around town.

Annette Coleman's



(from left): "Sunset Holding Bronze" by Bobbi Vischi (kiln-formed and flame-worked glass); "Kauai Rooster Quartet" by Astrid Paustian (oil); "Downstream from Saddle Canyon" by Elizabeth Black (oil on panel); 'Having a Ball" by Caroline Douglas (stoneware with slips and glazes, salt-fired to cone); "Ablaze" by Anna Holland (ethnic jewelry made with antique beads and artifacts); "The Journey's End" by Diana Tripp (pastel)



Heritage Center, Old Main building

OUniversity of Colorado



HIDDEN Celestial Seasonings This internationally known tea company offers free tours and tastings daily. GEMS Come early or stay late to take in the gallery of artwork from their famous tea boxes.

# NoBo Arts District Art Walk

Every month, on the first Friday, North Boulder's up-and-coming arts district, along North Broadway, hosts an art walk, 6-9pm. Just look for the bright pink flags for participating galleries, studios and shops - as well as a series of "little libraries" - sculpturally designed mini-libraries that serve the community on the honor system.

artwork.



# **Open Studios** Fall Artist Tour

Nothing inspires a deeper appreciation for a work of art than meeting the artist behind it. That's why for the first two weekends in October. noon-6pm each day, Boulder artists invite the public into their private studios. During the Open Studios Fall Artist Tour, meet favorite local photographers, watch an oil painting appear on canvas before your eyes or learn the meaning behind a seemingly abstract sculpture. You can also purchase art directly from the artists.

Last year more than 130 artists participated, and the list continues to grow.

The best way to experience Open Studios is to purchase their annual map at openstudios.org, where you'll also find a directory of artists, studio demonstration times, children's activities and more. It's a great way to explore Boulder's neighborhoods and off-the-beaten-path spots.

Visiting at another time of year? Check our calendar of events on page 4 for many more events.

# ► University of Colorado's

Heritage Center Tucked away on the third floor of CU's Old Main are several fascinating collections, including an architecture gallery and a tribute to CU alum and famed musician Glenn Miller.

# ► National Center for Atmospheric Research

(NCAR) This esteemed national laboratory not only offers visitor tours and interactive exhibits, they also feature a rotating display of

# ► Canyon Gallery at the **Boulder Public Library**

This airy public gallery showcases the work of local, national and international artists. While you're here, notice the library's striking entrance pavilion, filled with light. The severed cone of the pavilion mimics the Flatirons.

(Note: The Boulder Public Library will be undergoing renovation until 2015. Please confirm the Canyon Gallery is open before visiting.)

Museums

# CURATING ECHECIEC

From Shelby Mustangs to sophisticated multimedia installations, Boulder's museums expertly present thoughtful and thought-provoking - collections.

oulder Museum of Contemporary Art (BMoCA) ©RMnCA

Leanin' Tree Museum and Sculpture Garden of Western Art @Denise Chambers



# Boulder's Must-See Museums

One of the town's most well-respected arts destinations is the **Boulder Museum** of Contemporary Art (BMoCA), with genre-bending exhibits that explore art in the most contemporary sense. BMoCA is located in the heart of Boulder and is free during the Saturday Boulder Farmers' Market (which itself is a feast for the eyes). Also visit the **CU Art Museum**, featuring spacious galleries, a video room and a permanent collection that includes works by Diego Rivera, Francisco Goya and Andy Warhol. In the northerly Gunbarrel neighborhood, you'll find Leanin' Tree Museum and Sculpture Garden of Western Art, with a large collection of paintings and bronze sculptures celebrating the American West, plus a peaceful sculpture garden. Combine a visit with a tour of nearby Celestial Seasonings' tea factory.

Art

# History

The Boulder History Museum has a permanent collection on Boulder's people and past, as well as rotating exhibits on topics ranging from Boulder beer to rock 'n roll. Further afield is the Shelby American **Collection**, an automobile aficionado's dream come true.

# - Science

The University of Colorado Museum of Natural History holds two floors of textiles, pottery, insect specimens and fossils, including a flying reptile skeleton that measures 15 feet across. CU's revamped Fiske Planetarium now displays 20 million stars in dazzling clarity with new state-of-the-art technology and an entertaining lineup of shows. And both the National Center for Atmospheric Research (NCAR) and National Oceanic and Atmospheric Administration (NOAA) offer visitor programs.



<u>ulderC</u>olorado<mark>USA.com</mark>

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Perfect DAY

# ACCORDING TO NANCY GEYER



Nancy Geyer is CEO of the Boulder Historv Museum. which is known for

creative exhibits about Boulder culture from beer to dogs to rock 'n roll. Nancy is leading the museum's plan to convert a historic Masonic Lodge in downtown Boulder into a new, 18,000-square-foot space for the museum.

# WHAT WOULD BE INCLUDED IN YOUR **IDEAL DAY IN BOULDER?**

My perfect day includes spending time with my family, friends and 12-year-old golden retriever. Jazmine. It starts with an earlymorning hike on the Mesa Trail toward the National Center for Atmospheric Research (NCAR), which winds along the foothills. Then we would enjoy brunch in the Chautauqua Dining Hall. Chautauqua has such a wonderful history and an absolutely beautiful setting.

Next, we would swing by the Boulder History Museum, so I could show my friends the latest exhibit and pick up the map for the Boulder Creek Path History Tour. We'd then bike the Boulder Creek Path and stop at the locations indicated on the map to learn a little history along the way.

We would wander through the colorful Boulder Farmers' Market and stop by BMoCA, with a stop off at the Boulder Dushanbe Teahouse for some lateafternoon tea and a snack.

I love eTown, so if there were a live taping that evening, that would be at the top of my list. After the show, we would head down to Pearl Street for a late-night dinner at one of the many world-class restaurants.

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# WHERE ARTISA ABOUI

The craft and DIY (do-it-yourself) movements are strong in Boulder, where homegrown creativity seems to spring eternal.

Two Hands Paperie instructor at The Makerie creative retreat © Teryn Wilkes





Afternoon

Take a class at **Two Hands** 

Paperie, a local stationery

shop on the west end of

Pearl Street that offers tons

of courses, from bookmaking

to rubber-stamp carving. At

the other end of Pearl Street

is **madelife**, an organization

that helps launch local artist

entrepreneurs, with classes

and a shop featuring finely

crafted modern furniture,

Mini Itinerary A Very Crafty Tour of Boulder Admire the handiwork of Boulder's artisans and find supplies for your own creations.

Stop in to admire the graphic textiles at Fabricate or the glimmering strings of beads inside the artful Nomad Beads shop. Then stop by Art Mart and the Boulder Arts & Crafts Gallery to see goods for sale from some of Boulder's top artisans — woodworkers, potters, jewelry-makers, photographers and more.

Morning



Evening

Paint your own pottery at Color Me Mine; get working on your next masterpiece at Posh; a "paint and wine studio;" or craft away at Tinker Art Studio on Friday art nights. Now it's time for a handcrafted beer or cocktail. Try Avery Brewing **Company** for cold brews or Bitter Bar for crafty concoctions.

> Want more? Plan a visit around a



ARTWORK (from left): Painted bunting by Mullanium, Raku vase by Nancy Rukan and espresso cups by Thea Tenenbaum at Boulder Arts & Crafts Gallerv

For your next visit to Boulder, register the kiddos for fun arts classes and camps. Find more info at BoulderColoradoUSA.com/kids-arts.

## Textiles at Fabricate @Fabricate

craft event or artisan bazaars. See page 4.





# ACCORDING TO LEAH BRENNER



I eah Brenner is the executive director and curator of madelife. an artist-centered store and gallery in downtown Boulder. A CU Boulder alum, Leah has lived

and worked in Boulder for the past 17 years. Passionate about promoting and connecting local artists, Leah spends her free time going to art shows, seeing live music, rock climbing, snowboarding, hiking with her dogs and practicing yoga.

## HOW WOULD YOU SPEND YOUR PERFECT DAY IN BOULDER?

My perfect day in Boulder starts with a Vinyasa class led by Rob Loud at the Yoga Pod. After yoga, we would have brunch at Tangerine, which is the best under-the-radar brunch in Boulder (the chicken and waffles are not to be missed!).

In the afternoon, I'd take a creative workshop at the Boulder School of Metals (Introduction to Metal Working) or at madelife (Screenprinting 101 or Terrarium Building). After class, we'd make our way to the featured art exhibit or opening reception at BMoCA (Boulder Museum of Contemporary Art) or the CU Art Museum

Dinner would be at Sushi Tora, then after-dinner drinks at the Bitter Bar. If we were lucky, there would also be a great band at the Boulder Theater or Fox Theatre to end the night.

# BOULDER MOVES

In a town filled with people who just can't seem to sit still, is it any wonder that Boulder has 30 dance studios and more than 100 dance teachers? Dance is one of this town's biggest artistic passions.



# **Mini Itinerary** A Dancer's Tour of Boulder

Afternoon

Swing by **Boulder Body** 

Wear for great dance

supplies and stylish street

wear, too. While you're in

the area, why not stop in

Essentiels Day Spa for a

relaxing massage? Lunch at

Arabesque, a delicious cafe

run by a professional dancer-

turned-chef, is a must.

Pirouette your way around Boulder's most beloved dance spots.

# Morning

Start the day with an energy-packed Rush Bowl - a locally made, blended, fruit-and-granola concoction - from their storefront on University Hill. Then have a good stretch at one of dozens of yoga studios in Boulder. Yoga Journal says Boulder has "an unbeatable yoga scene."

Into

Thin Air

Catch a performance by one of the Dairy Center for the Arts' resident dance organizations, including the stellar Boulder Ballet. Helander Dance Theater. 3rd Law Dance/Theater or One Big Yes Productions. Or get your own groove on at the Twenty Ninth Street Live or Bands on the Bricks outdoor concerts.



Frequent Flyers® Aerial Dance takes movement to new heights in Boulder with dance-theater performances that will take your breath away. You can also try one of their aerial yoga classes for yourself!





# ACCORDING TO NANCY CRANBOURNE



Vancy Cranbourne is the director and owner of One Big Yes Productions, a film, dance and theater production company that arose as an

extension of Nancy's dance company, 40 Women Over 40. One of her goals is to give dancers of all ages and levels opportunities to perform. Nancy's classes are known for being nurturing, fun and, at times, like "one big comedy show."

# HOW WOULD YOU FILL YOUR PERFECT DAY IN BOULDER?

I would start out having a cup of coffee at Boxcar Coffee Roasters, and I'd also pick up some meats and cheeses to go from Cured, which shares a space with Boxcar. I'm kind of a food nut, and as a dancer, you have to eat.

For a breakfast out, I'd go to Q's Restaurant and have the huevos. I go there once a weekend with my husband.

I'd have to do some yoga. Bari Campbell at Core Power Yoga is one of my favorites. I'd take her yoga sculpt class. For lunch, I'd meet someone for a little bite at Pizzeria Locale - with wine. I believe in acting like an Italian even though I'm Swedish.

I'd catch a movie at the Boe (the Boedecker Theater) or something live at The Dairy (Dairy Center for the Arts). I love to see any kind of live performance there or to stop in at **BMoCA** or one of Boulder's other arts venues. If there were time. I'd have a margarita at **Centro** and maybe stop in Fresh Thymes for dinner (they have glutenfree options). If it's winter, I'd cozy up with my hubby by the fireplace or we'd have friends over for drinks on the patio in summer.

# SOUNDS AROUND TOWN 121

**Musicians** from all walks of life call Boulder home — and with plenty of musical inspiration right out the back door, the sounds of the city reflect its true nature.

Soulder Theater



# Legendary Live Music

# Rock Sbots –

With 1.300 or so live music performances each vear in Boulder. vou're sure to catch a show that's music to your ears. While you're likely to stumble upon musicians playing on the street, in coffeehouses and in our 20-plus breweries and distilleries without even trying, here are a few legendary places to seek out:

The historic **Boulder Theater** originally opened in 1906 as an opera house. The venue has been a favorite for rock, folk, rap and more for over a century and is a Colorado Historic Landmark. For more local and national acts, visit the Fox Theatre, located on The Hill across from the University of Colorado. The venue was recently voted fourth-best music club in the country by Rolling Stone.

Lovers of public radio should snag tickets to a live taping of eTown, a weekly music radio program that's broadcast nationally on NPR. The program's new eTown Hall is lauded as the greenest music venue in Colorado.

In summer, Chautaugua Auditorium opens for its annual concert series. Musician Shawn Colvin compared the acoustics of this simple, all-wood structure to playing inside a guitar. Bring a preconcert picnic, sit under 100-year-old trees and soak up the views of the Flatirons.

# Classical City -

With a well-established Boulder Philharmonic Orchestra, Boulder Chamber Orchestra and Boulder Symphony Orchestra, plus the budding Boulder Opera Company, classical music lovers will be right at home in Boulder.

Check out the Boulder Public Library Concert Series' free Canyon Theater concerts (including lunchtime shows), and see page 4 for events such as the esteemed Colorado Music Festival, Boulder Bach Festival and CU Presents series.





ACCORDING TO BIG HEAD TODD AND THE MONSTERS



Since their formation in the mid 80s, followed by their hit song "Bittersweet," Boulder's Big Head Todd and the Monsters has gone on to national fame. They remain a local favorite and return to Boulder for a few shows every year. Here, two of the guys share their perfect day in Boulder.

# WHAT WOULD YOUR IDEAL DAY IN BOULDER LOOK LIKE?

ROB: Start the day with breakfast and bloodies at the legendary The Sink on the Hill. Watch the Buffs [CU's football team] kick our opponents' butts on the gridiron and finish with a concert at the Boulder Theater.

BRIAN: I'd start with breakfast at Tangerine then a pilates class at Center Stream Pilates. Next, I'd grab a coffee at The Laughing Goat before a browse through Albums On The Hill and a hike up Chautauqua. I'd have dinner at Frasca Food and Wine and then meet up with Rob for a concert at the **Boulder Theater** and a nightcap at The Corner Bar.

# GET IN ONTHE ACT,

Never is Boulder's infectious energy more entertaining than up on stage, where local theater groups bring in eager audiences.

Colorado Shakespeare Festival attendees can enjoy entertainment on the green before every show — from Bardish rock bands to minstrels, jugglers and jesters — plus a garden featuring plants referenced in Shakespeare's writings. ©University of Colorado/ Casey A. Cass



# See Boulder on Stage

They say that all the world's a stage, and that definitely rinas true in Boulder. Here are a few ways to enjoy Boulder's theater talent:

# Each year. the Colorado Shakespeare Festival

brings the best of the Bard to audiences under the stars in CU's historic Marv Rippon Outdoor Theatre. as well as in the newly renovated indoor University Theatre.

For a fun dinner-and-show combination. Boulder's Dinner Theatre puts on productions of Broadway hits like Chicago, Avenue Q. and Monty Python's Spamalot.

Local theater troupes abound and include the Nomad Theatre. Boulder's longest-running resident theater group; the unique Stories on Stage, whose actors do compelling

Of course, there's also theater au naturel with Theater-Hikes Colorado. which combines hiking with theatrical performances that have ranged from Alice in Wonderland to Dracula.

and more.

The Dairy Center (which was once — you guessed it — a dairy), has become an incubator for the arts. It has three theaters, 11 arts organizations, 25 music and dance studios, galleries, and puts on countless theater, dance, music and art events. The Dairy's Boedecker Theater, one of the leading arts cinemas in the country, offers Boulder access to nearly 1,200 showings of documentaries, indie flicks and cultural programs each year.





# Dairv Center for the Arts

readings of great literature; Boulder Ensemble Theater Company: square product theater: Catamounts; Upstart Crow Theatre Company; LOCAL Theater Company

For something off the beaten path. check out **Boulder International** Fringe Festival — 12 days packed with plays, dance, spoken-word poetry, puppetry and storytelling, held in venues across the citv each September. Or take in a night of improv comedy with the Boulder Improv Collaborative.



# ACCORDING TO ELISABETH BOWMAN



A self-described "Colorado semi-native and reincarnated muppet," Elisabeth Bowman is a writer, editor and

improvisational actor. She has studied with the improv teachers from iO, Upright Citizens Brigade, The Second City and more.

# WHAT WOULD YOUR IDEAL DAY IN BOULDER LOOK LIKE?

I'd start at South Side Walnut Café for a big, tasty breakfast. Then I'd head up into Chautauqua or another dog-friendly hiking spot in the foothills. I'd bring a lunch so we could enjoy the view.

Next, I'd ride my bike to Pearl Street Mall. It's kind of like going to the circus. It's colorful, busy and active, yet it feels intimate. like we're all having this shared experience, smiling and strolling — like we're in on a shared secret.

I'd head to the Boulder Dushanbe Teahouse for afternoon tea. After tea, I'd visit the Boulder Bookstore where the staff recommendations are an invitation to try something new, and Savory Spice Shop, which is so intoxicating.

For dinner, maybe I'd have a bite to eat at ModMarket. It's gluten free and has reasonable prices. If The Catamounts has a performance. I'd definitely catch it that evening. They select phenomenal plays and produce high-caliber shows that transport me to another world oftentimes a very bizarre, intriguing one.

Public Art

# A SAMPLE PUBLIC ART WALKING TOUR

The following nine spots represent just a small sampling of the dozens of public art installations all over Boulder. This walking tour is easily accessible from downtown hotels and is great for strolling, coffee in hand, in any weather. Get a taste for how Boulder's public art is accessible to all and reflects our unique Colorado culture and history.

> Boulder Dushanbe Teahouse ©Wally Gobetz

# Downtown Public Art Walking Tour

- Bronze Cat sculpture Pearl St. and 16th St.
- Bull Elk sculpture Pearl St. between 14th St. and 15th St.
- Animal sculptures Pearl St. and 14th St.
- Mountain Lion sculpture Pearl St. and 14th.
- E Hearts on a Swing sculpture Broadway and Pearl St.
- Running Mural Broadway and Spruce St.
- Charles A. Haertling Sculpture Garden Includes the Chief Niwot sculpture, Giddy Up sculpture, and abstract sculptures. Canyon Blvd. and 9th St.
- Dragonfly/Giraffe Sculpture South of Canyon Blvd. on the bike path between 9th St. and 11th St.
- Boulder Dushanbe Teahouse 13th St. between Canyon Blvd. and Arapahoe Ave.

# Tons More Public Art

The walking tour above is just the tip of the iceberg when it comes to public art. Visit **bouldercountyarts.org/public** art for a comprehensive list.

A few additional ideas for walkable exploration include heading south on Broadway to The Hill, where you'll find murals and graffiti art. While you're there, stop in for a slice of pizza at The Sink, where the walls are covered in customer art. Or drive north on Diagonal Highway and visit The Leanin' Tree Museum and Sculpture Garden of Western Art, which includes a free outdoor sculpture garden. Also download a free walking tour map of 28th Street Art near the University of Colorado at BoulderColoradoUSA.com/visitor/maps.



"Bull Elk" sculpture; "Hearts on a Swing" sculpture; "Running" mural; "Mountain Lion" sculpture. All images @Wally Gobetz





Snap this code to find these spots on your phone with our Google map. Or simply go to: tinyurl.com/BoulderPublicArt.



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