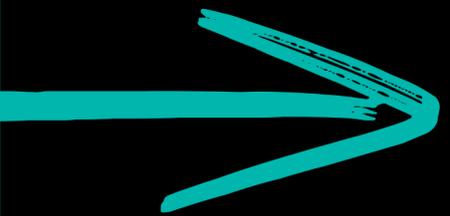


ON
AIR
PlayUP

**INTERNATIONAL
DAY OF
FRIENDSHIP**



Join the **PlayUP** team
as they make

TROPHIES

to celebrate their friends for

**INTERNATIONAL
DAY OF
FRIENDSHIP!**



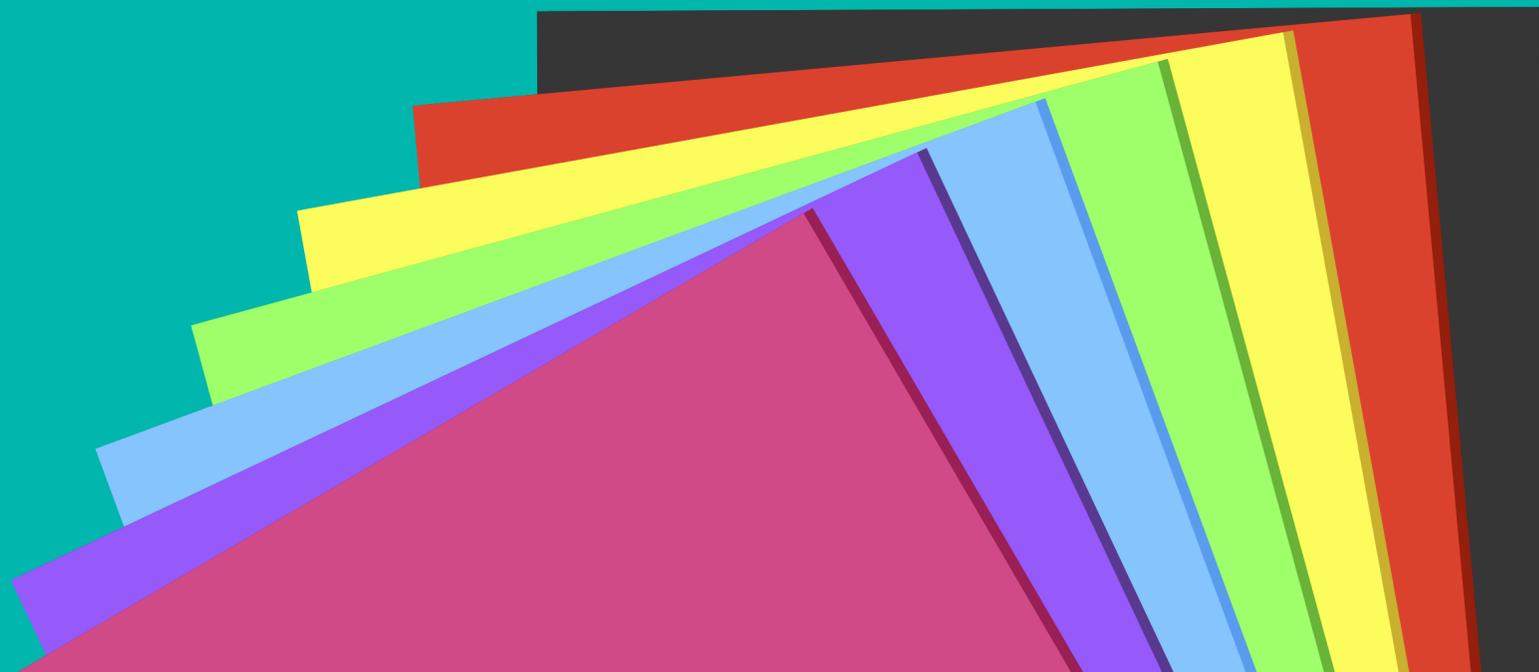
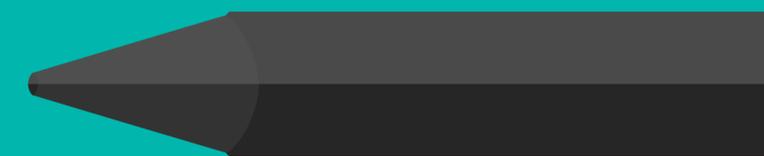
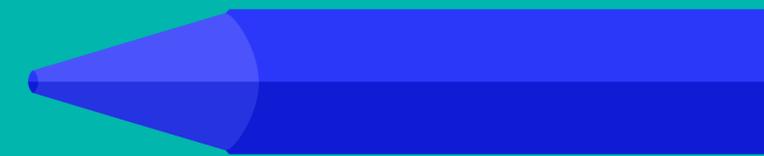
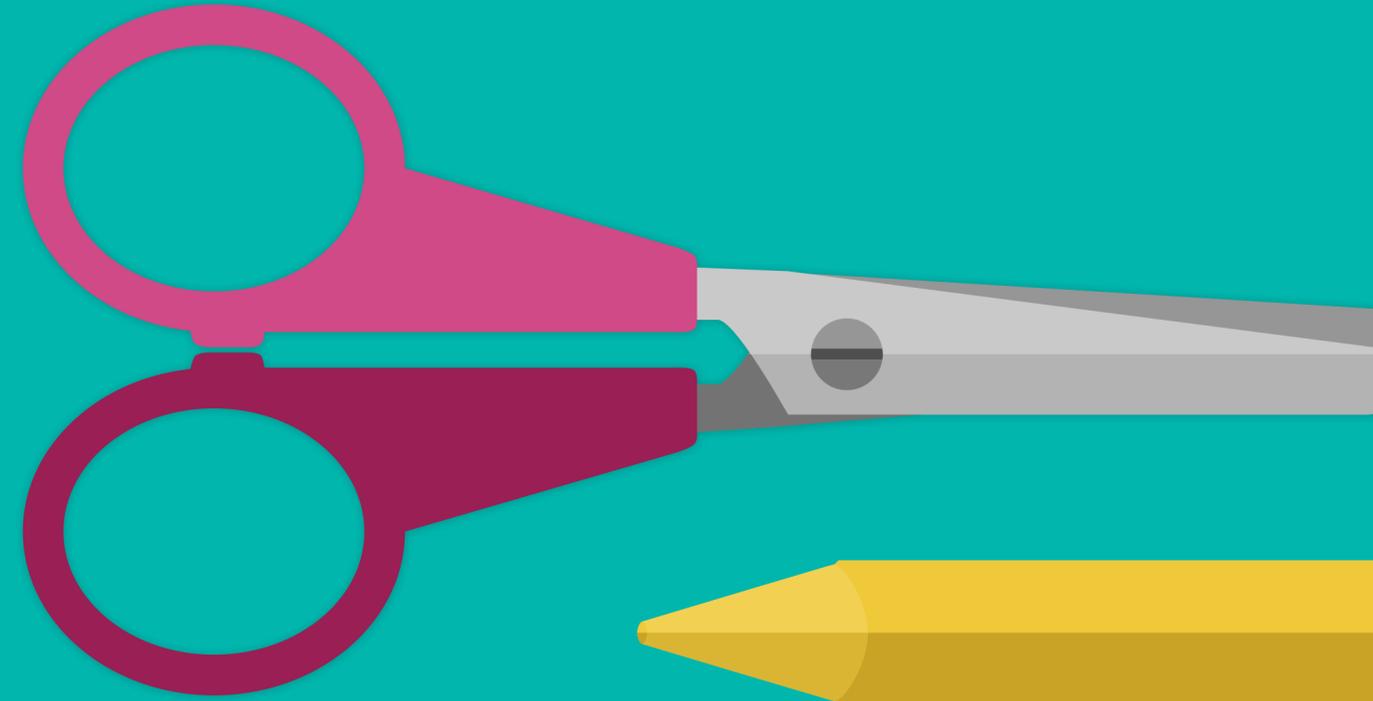
Friendship between individuals, countries and cultures is important for peace and understanding among all people around the world. Friends are kind and fair, they listen and share, and have fun together. We can be friendly to everyone we meet by being nice and showing respect.

International Day of Friendship encourages us to celebrate our friends, make new friends and be friendly to others.

Making friends is important for children's social and emotional development. These relationships help them to develop self-confidence, social skills, altruism and a sense of identity and belonging.

Materials

- Paper or cardboard
- Paper cups (optional)
- **Scissors** (please be careful with these)
- **Crayons/textas/pencils**
- **Glue stick or sticky tape**



Instructions

1. Make the base of your trophy. Use a paper cup or bend paper or card into a cone shape and stick it together. If you've made a cone, trim the uneven brim so that your base can stand flat.
2. Next, make the top of your trophy by repeating step 1.
3. Stick the narrow ends of the base and the top of the trophy together.
4. Add handles to your trophy. Cut them from paper or use crumpled foil to create handle shapes.
5. Decorate your trophy! Think about the friend you will award this to and add their favourite colours. What makes your friend a good friend? Draw this and stick it onto the trophy.
6. Present the trophy to your friend!



Plan a play date

Celebrate your friendships with an extra special play date.

Play date invitation

It's always lovely to receive a handmade invitation. Use paper, recycled wrapping paper, crayons or stickers to make an invitation to your play date. Remember to include all the details they'll need to know.



Craft time

Select your favourite On Air PlayUP episode and prepare enough materials for you and your friend to craft together.

Check out these episodes on friendship and play:

- Make friendship necklaces with our National Reconciliation Week episode.
- Make puppets and put on a show with our episode on the UN Convention on the Rights of the Child: the Right to Play and Rest.



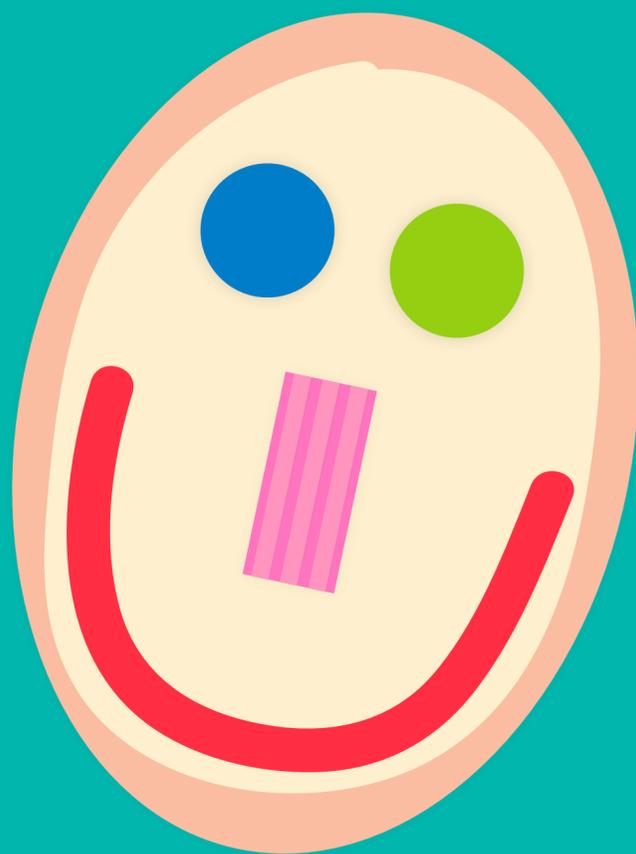
Yummy recipes

for your play date

Have fun working together in the kitchen.
Can you decorate biscuits to make happy faces?

Ingredients:

- 125g softened butter
- ½ cup caster sugar
- ½ teaspoon vanilla extract
- 1 egg
- 2 cups plain flour
- 1 teaspoon baking powder
- 1 tablespoon milk
- Decorations (e.g., sultanas, chocolate buds or lollies)

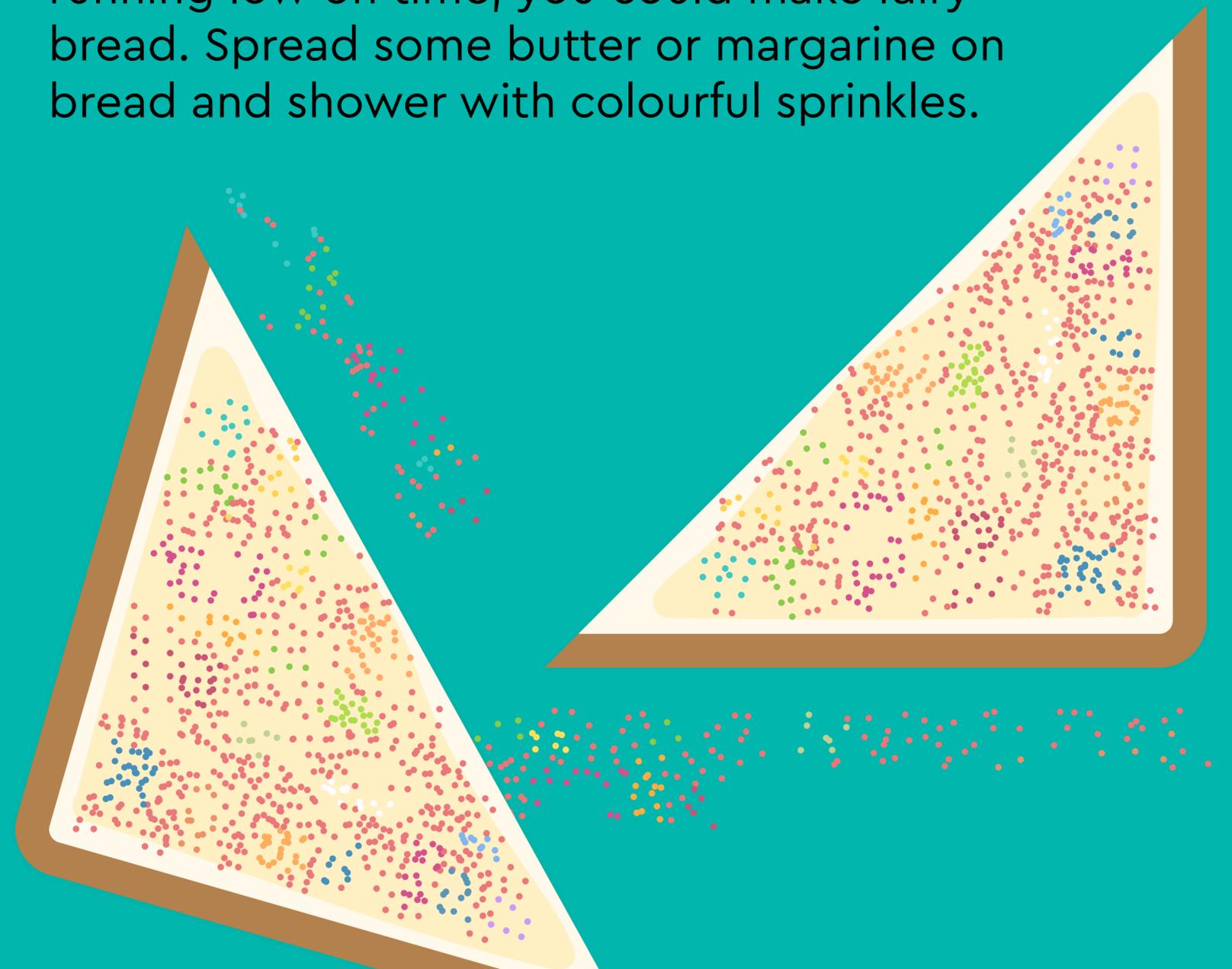


Method:

1. Preheat oven to 180C and line two baking trays with baking paper.
2. Beat the butter, sugar and vanilla in a bowl until pale and creamy. Then add the egg, mixing until combined.
3. Sift the flour and baking powder over the mixture. Add the milk and stir until just combined.
4. Roll 1 heaped tablespoon of the mixture at a time into balls. Flatten slightly on baking tray (allowing room for spreading) and decorate with sultanas or chocolate buds.
5. Bake for 15 minutes or until light golden. Allow biscuits to cool on trays for 5 minutes before transferring to wire rack to completely cool.

Makes approximately 30 biscuits.

If you've been having too much fun and are running low on time, you could make fairy bread. Spread some butter or margarine on bread and shower with colourful sprinkles.



More Fun

for your play date

Scavenger Hunt

Create a scavenger hunt for you and your friend to play inside or outside.

Write a list of things to find around the house, here are some ideas:

1. Something red
2. Something soft
3. Something small
4. Something starting with F
5. Something that makes you smile

Everyone has 10 minutes to collect items that match the scavenger list. You might like to set a timer and put on some music. When time is up, show each other what you've found.

Create a new list and do it again, this time, with 5 minutes to collect all the items.

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Movie Afternoon

Sharing a movie with friends can be a nice way to relax, especially in winter. Grab some pillows and create a comfy nest. Enjoy your friendship face biscuits or pop some popcorn.

Books

Title	Authors/Illustrator
<i>We're Going to be Friends</i>	by Jack White
<i>The Rabbit Listened</i>	by Cori Doerrfeld
<i>My Friend is Sad</i>	by Mo Willems
<i>Amelia Ellicott's Garden</i>	by Liliana Stafford and Stephen Michael King
<i>Whoever you are</i>	by Mem fox

You can watch and listen to stories about friendship:

Pearl Barley and Charlie Parsley by Aaron Blabey,
read by Bonza Books

www.youtube.com/watch?v=PzoGkpBHaSM&feature=youtu.be

Little Voices: What Makes a Good Friend?

www.youtube.com/watch?v=ReMq3KX8F94

'A Tale of Two Beasts' by Fiona Robertson

www.youtube.com/watch?v=cutROw_NJvE

Spotify Playlist

Celebrate your friends with our
playlist of songs about friendship.

**What kind of music do you like
to listen to with your friends?**

Learn More

www.un.org/en/observances/friendship-day

www.abc.net.au/life/helping-your-child-be-a-good-friend/12034688

headtohealth.gov.au/meaningful-life/connectedness/friends

raisingchildren.net.au/preschoolers/behaviour/friends-siblings/preschoolers-making-friends

[Links to the Early Learning Framework](#)
[– Belonging, Being and Becoming](#)

Outcome 1: Children have a strong sense of identity:

– Children learn to interact in relation to others with care, empathy and respect.

Outcome 2: Children are connected with and contribute to their world:

– Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation.

Outcome 4: Children are confident and involved learners:

– Children resource their own learning through connecting with people, place, technologies and natural and processed materials.

Learn More

[Links to the Australian Curriculum](#)

Intercultural Understanding Levels 1-3

- Interacting and empathising with others – consider and develop multiple perspectives; empathise with others

Personal and Social Capability Learning Levels 1-3

- Social awareness – Contribute to civil society & understand relationships
- Social management – Communicate effectively, work collaboratively, negotiate and resolve conflict

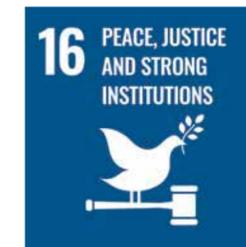
Ethical Understanding Levels 1-3

- Understanding ethical concepts and issues – Recognise ethical concepts
- Reasoning in decision making and actions – Consider consequences
- Exploring values, rights and responsibilities – explore rights and responsibilities; consider points of view



Aligns with the United Nations Sustainable Development Goal 10.2

Empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status.



Aligns with the United Nations Sustainable Development Goal 16

Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels.

SUSTAINABLE DEVELOPMENT GOALS

ON AIR PlayUP

**Don't forget to tune
into On Air PlayUP next
Wednesday for more fun.**



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