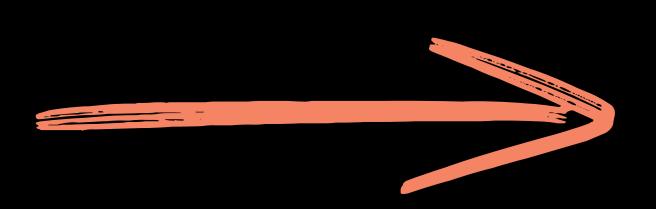
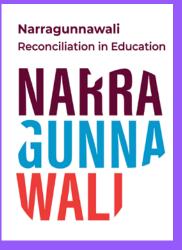


NATIONAL RECONCILIATION WEEK 2020: IN THIS TOGETHER



Join the **PlayUP team** as they make FRIENDSHIP PAPER NECKLACES to celebrate NATIONAL RECONCILIATION

This week's episode of On Air PlayUP was developed in consultation with Reconciliation Australia's Narragunnawali: Reconciliation in Education team.



Reconciliation Australia's Narragunnawali: Reconciliation in Education program and online platform is designed to support all schools and early learning services in Australia to develop environments that foster a high level of knowledge and pride in Aboriginal and Torres Strait Islander histories, cultures and contributions.



Reconciliation is about strengthening the relationships between Aboriginal and Torres Strait Islander peoples and the wider Australian community. Strong relationships mean being respectful, fair, listening, learning, trusting, and sharing – like being a good friend!

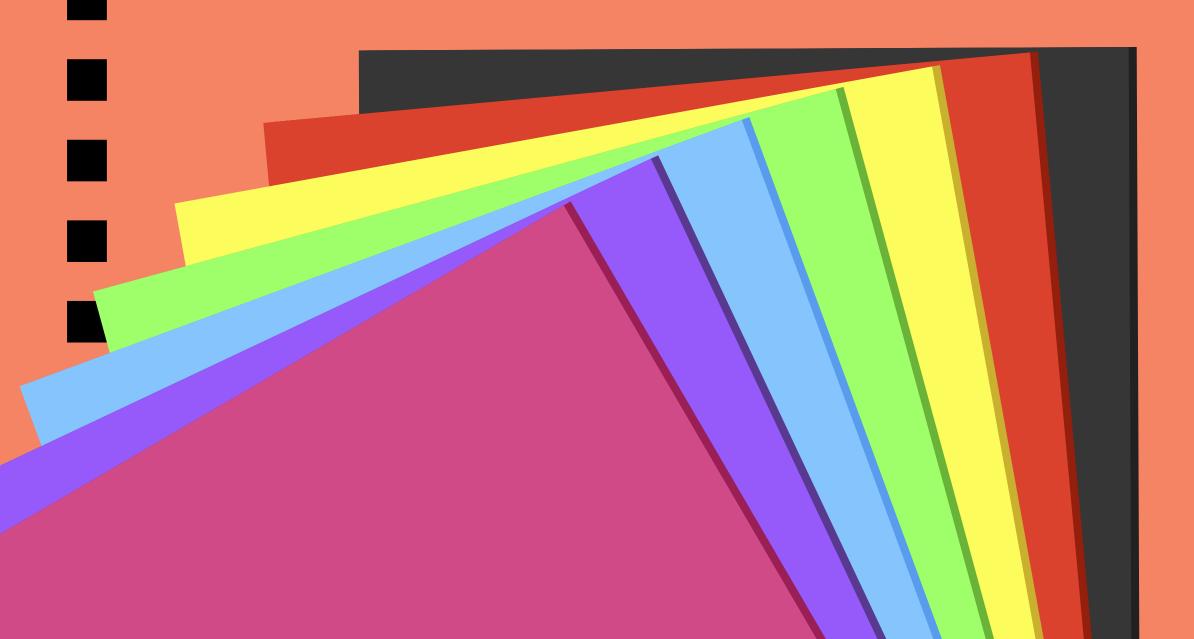
Aboriginal and Torres Strait Islander people are advised that this resource and any accompanying film clips may contain images, names and voices of people who have died.

The theme for National Reconciliation Week this year is 'In this together'. That's because it takes every single person to achieve reconciliation. To do this, we can learn about our shared histories, cultures, achievements and contributions, and explore ways to be better friends.



Materials

- Paper or cardboard
- Scissors (please be careful with these)
- Crayons/textas/pencils
- Glue stick or sticky tape





Instructions for making friendship paper necklaces:

- On your paper, draw long straight lines to guide your cutting. You could use a ruler or the edge of a book to trace straight lines. Cut along the lines to create strips of paper.
- 2. Decorate your strips of paper. These will make the chain of your necklace.
- 3. Choose a strip of paper and bring the edges together to create a cylinder and stick it together, making sure it's not too small. This is your first chain link.
- 4. Select your next strip of paper, thread it through the first chain link and then stick the ends together. Continue this until your necklaces are long enough.

- 5. To create charms, cut out a shape from paper and decorate it. You could create two matching charms for you and your friend. Or you could make one shape and cut it in half, putting one on each necklace.
- 6. Put a hole in the top of each pendent. Use another strip of paper or a short piece of string to attach them to the necklaces. Thread the paper strip or string through the hole in the charm and through a chain link in your necklace and adhere together. Repeat for the second necklace.

Give one necklace to a friend or family member and wear the other proudly! Send the necklace in the post if they live far away. Don't forget to tell them why you made them the necklace and how you plan on being a good friend to them.



Acknowledge Country

Have you heard or seen a Welcome to Country before?

This is a special ceremony given by Aboriginal or Torres Strait Islander Elders or Traditional Owners of the Land. It's like when you visit a friend for a playdate, they might say, 'Welcome to my home. Thanks for coming to play, you are welcome here.'

Each week the On Air PlayUP Team says an Acknowledgment of Country.

This is a special way to show our respect to Aboriginal and Torres Strait Islanders peoples, who are the First Peoples of Australia.

We are also thanking them for sharing and caring for the Land, sky and waterways that we all play and learn on. Just like when we go to someone's house for a playdate, we say, 'thank you for having me and sharing your home!'

Do you say the Acknowledgment of Country along with us?

We use the words and actions created by Aunty Tracey Linn Bostock – a descendant of the Bundjalung Nation which is her Grandmother's and Grandfather's Country.

Together we say:

We would like to acknowledge the Aboriginal Peoples and Torres Strait Islander Peoples.

Together we touch the ground of the land. (Touch ground)

We reach for the sky that covers the land. (Raise hands)

And we touch our hearts in care of the land. (Touch chest over heart)

Do you know whose land you play and learn on?

On Air PlayUP is created on Ngunnawal, Ngunawal, and Ngambri Country. These are the Traditional Owners of the Canberra region. You can see a Welcome to Country by them here on the National Museum of Australia website:

www.nma.gov.au/exhibitions/first-australians

The On Air PlayUP Team is grateful to have grown up around Australia, from Gumbaynggir to Birpai to Tharawal to Dja Dja Wurrung Country.

Find out the Traditional Custodians of the Land where you live by searching these maps. Make sure to have a look at each map and learn about the different Aboriginal and Torres Strait Islander peoples and language groups in your area.

<u>aiatsis.gov.au/explore/articles/aiatsis-map-</u> indigenous-australia

gambay.com.au/map/

As a family, write your own Acknowledgement of Country. Find out who the Traditional Owners are of Land you're on. Show respect and share your gratitude. Be specific and authentic, what are you grateful for and how can you put your gratitude into action? Australia's First Nations people are the world's oldest living culture; be sure to acknowledge all Elders and peoples past, present, and emerging.

See how other children acknowledge Country <u>www.youtube.com/watch?v=Nr7BfgkbgYE</u> <u>www.narragunnawali.org.au/rap/actions/1/</u> <u>acknowledgement-of-country</u>

Be a champion

National Reconciliation Week is about working together. This can take some practice.

Try this fun activity to get you started!

Get your family together in tight circle and put your arms in the centre. Mix your arms up and find two hands to hold on to from different people. Make sure you are not holding hands with the people next to you. Try to untangle yourselves without letting go! If someone let's go, nobody wins and it's time to start again! Next, try the challenge again, this time close your eyes as you try to get untangled. We can show our respect and work together with Aboriginal and Torres Strait Islander peoples by caring for the Land and animals. Start by getting to know the Land where you live and make a commitment to look after it with a champion's crown!

Go for a walk and look at the environment around you. Do you see trees, leaves, flowers, or rocks? What colours are they? What do they feel like? What do they smell like? Take some photos to remember them.

At home, cut paper or card into a long rectangle shape that fits around your head, like a crown. Look at the photos you took and draw some nature jewels on your crown. Tape the short-edges of the crown together.

Now you're ready to be champion and look after the land and animals!



Have you heard of Adam Goodes?

He stands up for Aboriginal equality and equity. He cares about Aboriginal kids.

He's a footy legend.



He's a proud Andyamathanha man. He played 372 games of AFL for the Sydney Swans.

He was named Australian of the Year for his bravery.

> He stands up against bullies.

Adam is someone to look up to. He was a good friend and a good kicker! What a champion! What else can you discover about Adam Goodes?

There are lots of Aboriginal and Torres Strait Islander champions.

Do some research and learn about Eddie Mabo, Baker Boy or Linda Burney. Tell the On Air PlayUP community why you think these people are champions!

Spotify Playlist

There is great music by Aboriginal and Torres Strait Islanders! Listening to their music is another way we can learn, listen, and celebrate!

<u>Check out our Spotify playlist and</u> <u>listen carefully.</u>

What can you hear? Stories? Different languages? Lots of instruments? How does it make you feel? Do you want to dance?

Check out the sidebar for more information.

Books

Title	Authors/Illustrator
Welcome to Country	by Aunty Joy Murphy Illustrated by Lisa Kennedy
Sorry Day	by Coral Vass Illustrated by Dub Leffler
Shake A Leg	by Boori Monty Pryor Illustrated by Jan Ormerod
Collecting Colour	by Kylie Dunstan

Read along with Uncle Jack Charles as he reads Go Home, Cheeky Animals! by Johanna Bell on Play School Story Time

https://www.youtube.com/ watch?v=8UkoLKIw7Iw&fbclid=IwAR12ktfMpSTU6_ giWp5XwhrlaZQIX5SKQ6S4HXI_rDwzi7j_ puMpiZBjOgg&app=desktop

Learn More

This week's Family Guide and episode of On Air was developed in consultation with Reconciliation Australia's Narragunnawali: Reconciliation in Education team. You can learn more and get involved in reconciliation here:

- narragunnawali.org.au/
- reconciliation.org.au/
- abc.net.au/abckids/shows/play-school/play-schoolacknowledgement-of-country/11382434
- aiatsis.gov.au/explore
- education.abc.net.au/home#!/showcase/3459610/ first-australians
- abc.net.au/btn/classroom/mabo-day/10530494



<u>Listen to people talk about</u> what it's like being Aboriginal and Torres Strait Islander in <u>their own words</u>

- iview.abc.net.au/show/ what-it-s-like/series/3/video/ CK2004V005S00
- abc.net.au/kidslisten/ little-yarns/



Learn More

Links to the Early Learning Framework - Belonging, Being and Becoming:

Outcome 1: Children have a strong sense of identity

- Children learn to interact in relation to others with care, empathy and respect

Outcome 2: Children are connected with and contribute to their world

- Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation
- Children respond to diversity with respect
- Children become aware of fairness
- Children become socially responsible and show respect for the environment

Outcome 4: Children are confident and involved learners

materials

Outcome 5: Children are effective <u>communicators</u>



Sustainable Development Goal **10.2** — To empower and promote the social, economic and political inclusion of all.

- Children resource their own learning through connecting with people, place, technologies and natural and processed

- Children express ideas and make meaning using a range of media

Links to the Australian Curriculum

<u>Critical and Creative Thinking Levels 1–3</u>

Reflecting on thinking and processes - transfer knowledge into new contexts

Intercultural Understanding Levels 1–3

Recognising culture and developing respect – develop respect for cultural diversity

Interacting and empathising with others - communicate across cultures Reflecting on intercultural experiences and taking responsibility - mediate cultural difference

Ethical Understanding Levels 1–3

Exploring values, rights and responsibilities - examine values

Aligns with the United Nations

SUSTAINABLE GEALS



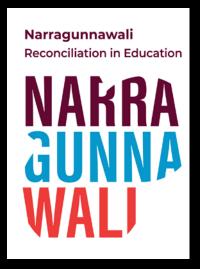




Old Parliament House

Don't forget to tune into On Air PlayUP next Wednesday @ 10:30am for more fun.

OddParliamentHouse OddParliamentHouse OddParliamentHouse



Reconciliation Australia's Narragunnawali: Reconciliation in Education program and online platform is designed to support all schools and early learning services in Australia to develop environments that foster a high level of knowledge and pride in Aboriginal and Torres Strait Islander histories, cultures and contributions.