

BETTER Leisure Centre

Children and Young People Activity Timetable

BETTER Burnt Oak Leisure Centre HA8 0NA

Activity	Age group	Day	Time	Cost	FAB (pay as you go)	Provider, Contacts and Links
Junior Gym	11 -17	Monday to Friday	15:00 -18:00 Term time 12:00-17:00 Holiday time	£24.50 per month £19.60 (concessionary)	£5.65 £3.90 Concessionary Out of pick	BETTER https://bookings.better.org.uk/location/barnet-burnt-oak-leisure-centre
		Saturday Only Holiday time	10:00-12:00			
		Saturday Only Holiday time	12:00-14:00			
Parent and Child Gym Parents must train alongside their child or supervise Only Holiday the	11-17	Monday-Thursday	19:00-20:00	£24.50 £19.60 (concessionary)		BETTER https://bookings.better.org.uk/location/barnet-burnt-oak-leisure-centre
		Saturday	15:00-17:00	Parent can be a BETTER member, pay and play or FAB registered		

Mother and Daughter Parents must train alongside with their children or supervise them		Friday	18:30-20:00	£24.50 £19.60 (concessionary)	£5.65 £3.90 FAB Concessionary Out of pick	BETTER https://bookings.better.org.uk/location/barnet-burnt-oak-leisure-centre
Toddlers World	1to 3	Wednesday	9:30-10:30	£23.00 including fun swimming. A one-off sign-up fee of £12.50 £7.50 pay as you go	N/A	BETTER Soft Play Barnet Burnt Oak Leisure Centre, Edgware
Gymnastic	Age group	Dat	Time	Monthly Fee	FAB	Provider and Contacts
Rise Gymnastic-Explore	4+	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/what-we-offer/lessons-and-courses/gymnastics-lessons
Rise Gymnastic-Explore plus	8+					
Rise Gymnastic-Excell	8+					
Rise Gymnastic-Discover (independent child)	3 to 4					
Rise Gymnastic-Discover	4+					

Rise Gymnastic-Explore plus	8+				N/A	
Other Courses	Age group	Day	Time	Monthly Fee	FAB	Provider and Contacts
Football	6 to 18	Tuesday, Thursday, Friday,	See the contact on the side	See the contact on the side	N/A	Eagles Football Club 07727445515 ricardoiosif10@gmail.com
Taekwondo	Please see the contact details.	Monday and Wednesday			N/A	London Taekwondo Warriors 07783939231 admin@londontaekwondowarriors.co.uk
Basketball	Please see the contact details.	Saturday			N/A	Barnet Bulldog
After school Sport group (Athletic, Boxercise, Basketball, Tennis, Football, Gymnastic)	4 ^{1/2} to 6 6 to 10	Tuesday and Friday			N/A	Zidanness Sports info@zidannesssports.com
Holiday Camp	6 to 10	Holiday time			N/A	Zidanness Sports info@zidannesssports.com

BETTER Barent Copthall NW4 1PX

Activity	Age group	Day	Time	Fee	FAB (pay as you go)	Provider and Contacts
Junior Gym	11 -17	Monday to Friday	15:45 -18:15	£24.50 per month	£5.65	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-copthall-leisure-centre/junior-gym
		Saturday	10:10-11:15	£19.60 (concessionary)	£5.65FAB concessionary	
		Saturday	14:10-15:50		£3.90 FAB Concessionary Out of pick	
Parent and Child Gym Parents must train alongside their children or supervise them		Monday to Friday	11:00-15:00 18:30-20:30	£24.50 per month		BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-copthall-leisure-centre/junior-gym
		Saturday and Sunday	9:00-16:00	£19.50 (concessionary) Parent can be a BETTER member, pay and play or FAB registered		
Toddlers World	1 to 3	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-copthall-leisure-centre/soft-play

Swim for all 50 minutes per session	3 months+ Children need to be supervised by adults unless they can swim 25m unaided	Tuesday	13:50 to 15:30	£5.30 pay as you go	£0.00 under 8 years old £1.00 from 8 to 15 years old	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-cophall-leisure-centre/swimming
		Saturday	12:10 to 16:30			
		Sunday	10:30 to 15:40			
Swim for Fitness 50 minutes per session	11 to 15 club level	Monday to Friday	6:30 to 21:30	£6.50	£1.00	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-cophall-leisure-centre/swimming
		Saturday	9:00 to 12:40		£1.00	
		Sunday	12:00 to 15:50		£3.50	
Swimming School	Age group	Day	Time	Monthly Fee	FAB	Provider and Contacts
Swimbies Dippers	3 to 12 months	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-cophall-leisure-centre/swimming
Swimbies splashers	13 to 24 months					
Swimbies paddlers	2 to 3 years					
Swim School – Pre-school	3 to 5 years					
Swim School – Foundation	4+					

Swim School – Foundation	9+	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-cophall-leisure-centre/swimming
Swim School – Development	Under 16					
Swim School-Academy	Under 18					
Gymnastic	Age group	Day	Time	Monthly Fee	FAB	Organization and contact
Gymnastic -Adult with Child	18 months to 3years	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/barnet-cophall-leisure-
Gymnastic-discover	3 to 4					
Gymnastic – Explore	4+					
Gymnastic-Explore plus	8+					
Other Courses	Age group	Day	Time	Monthly Fee	FAB	Organization and contact
Basketball	7 to 10 11to 15	See the contact details	See the contact details	See the contact details	N/A	Barnet Bulldogs nfo@bulldogsbasketball.club
Water- polo	10 to 18 (open to children who are 8 years, able to swim 50 meters and comfortable on deep water)					Barnet Water polo barnetwaterpolo@gmail.com

BETTER Finchley Lido N12 OGL

Activity	Age group	Day	Time	Fee	FAB	Provider and Contacts
Junior Gym	11 to 17	Monday to Friday	15:45 -18:15	£24.50 per month	£5.65	BETTER https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/junior-gym
		Saturday	13:00-14:00	£19.50 (concessionary)	£5.65 FAB concessionary	
		Sunday	14:00-15:00		£3.90 FAB Concessionary Out of pick	
Parent and Child Gym	11 to 17 Parents must train alongside their children or supervise them	Monday to Friday		£24.50		BETTER https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/junior-gym
		Saturday and Sunday	15:00-16:00	£19.50 (concessionary) Parent can be a BETTER member pay and play or FAB registered		
Swim for all 50 minutes per session	3 months + children need to be supervised by adults unless they can swim 25m unaided	Monday to Friday	10:00-11:00 & 15:30-18:30	£5.20	£0.00 under 8 years old £1.00 from 8 to 15 years old	BETTER https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/swimming
		Saturday and Sunday	10:00-15:00			
Swim for fitness 50 minutes per session	11 to 15 Swimmers at club level	Monday to Friday	6:30 - 21:30 =	£6:50	£1.00	https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/swimming

Swim for fitness 50 minutes per session		Saturday	8:00 -17:00 50 minutes per session		£1.00	https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/swimming
		Sunday	8:00-15:30 50 minutes per session		£3.50	
Swimming School	Age group	Day	Time	Fee	FAB	Organization and Contact
Swim School- Pre school	3-5	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/finchley-lido-leisure-centre/swimming-lessons
Swim School- Foundation	4 +					
Swim School- Development	Under 16					
Girls Only Swim School- Development	Under 16					
Swim School Academy	Under 18					

BETTER Hendon Leisure Centre NW2 1XQ

Activity	Age group	Day	Time	Fee	FAB	Provider and Contacts
Junior Gym	11 to17	Monday to Friday	15:00 -18:00	£24.50 per month £19.50 (concessionary)	£5.65 £5.65 FAB concessionary £3.90 FAB concessionary out of pick	https://www.better.org.uk/leisure-centre/london/barnet/hendon-leisure-centre/junior-gym
		Saturday and Sunday	9:00-14:00			
Parent and Child Gym	11 to17 Parents must train alongside their children or supervise them	Monday to Frida	18:00-19:00 19:00-20:00	£24.50 per month £19.50 (concessionary) Parent can be a BETTER member, pay and play or FAB registered		
		Saturday and Sunday	14:00-15:00 15:00-16:00 16:00-17:00 17:00-18:00			
Climbing	Age group	Day	Time	Fee	FAB	Provider and Contacts
Climbing Pebbles	4 to17	See the Website	See the website	See the website		BETTER https://www.better.org.uk/leisure-centre/london/barnet/hendon-leisure-centre/climbing
Junior Rock Climbing	7 to 15					
Basketball	Age group	Day	Time	Fee	FAB	Provider and Contacts
Basketball	5 to10 11to 15 16+	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/hendon-leisure-centre/basketball

Gymnastic	Age group	Day	Time	Fee	FAB	Provider Contact and links
Gymnastic - Adult with Child	18 months to 3years	See the website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/hendon-leisure-centre/gymnastics
Gymnastic-discover	3 to 4					
Explore	4+					
Gymnastic young adult	12+ Women Only					
Gymnastic young adult	12+					
Trampoline	Age group	Day	Time	Fee	FAB	Provider Contact and links
Beginners	For all ages	See the wbsite	See the website	See the website	N/A	https://www.better.org.uk/leisure-centre/london/barnet/hendon-leisure-centre/trampolining-hendon-leisure-centre
Intermediate						
Advanced						

BETTER New Barnet EN4 9BS

Activity	Age group	Day	Time	Fee	FAB	Provider and Contacts
Junior Gym	11 -17	Monday to Friday	15:45-18:45	£24.50 per month £19.50 (concessionary)	£5.65 £5.65 FAB concessionary £3.90 FAB Concession Out of pick	BETTER https://www.better.org.uk/leisure-centre/london/barnet/new-barnet-leisure-centre/junior-gym
		Saturday and Sunday	10:00-11:40 15:00-17:30			
Parent and Child Gym	11 -17 Parents must train alongside their children or supervise them	Monday to Friday	20:00-21:00	£24.50 per month £19.50 (concessionary)		
		Saturday and Sunday	10:00-12:00 15:00-17:00	Parent can be a BETTER member, pay and play or FAB registered		
Swim for all 50 minutes per session	3 months + children need to be supervised by adults unless they can swim 25m unaided	Monday to Friday	10:00-10:50	£5.20	£0.00 under 8 yrs	BETTER https://www.better.org.uk/leisure-centre/london/barnet/new-barnet-leisure-centre/swimming
			13:00-14:00			
		Saturday	12:00- 16:00			
		Sunday	12:00- 17:00 50	£5.20	£1.00 from 8 to 15 yrs old	

Swim for fitness 50 minutes per session	11 to 15 Swimmers at club level	Monday to Friday	6:45 -21:15	£6.50	£1.00	BETTER https://www.better.org.uk/leisure-centre/london/barnet/new-barnet-leisure-centre/swimming
		Saturday &	8:00-17:00		£1.00	
		Sunday	8:00-17:00		£3.50	
Swimming School	Age group	Day	Time	Fee	FAB	Providers
Swimbies Dippers	3 to 12 months	See the Website	See the website	See the website	N/A	BETTER https://www.better.org.uk/leisure-centre/london/barnet/new-barnet-leisure-centre/swimming-lessons
Swimbies Splashers	13 to 18 months					
Swimbies Paddlers	2 to 3 years					
Swim School Pre school	3 to 5 years					
Swim School Foundation	4 +					
Swim School Development	Under 16					
Swim School Academy	Under 18					