



ORGANISED WALKING GROUPS

Provider	Day	Time	Location	Meeting Point	Price	Contact	More info
Age UK	Monday	10:00-11:00	Friary Park, North Finchley	Meet at the Torrington Park entrance nearest to Ashurst Road. N12 9AJ	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	Followed by optional tea in the café afterwards.
Age UK	Monday	10:30-11:30	NW11 Northway Gardens	Meet at the corner of Northway and Litchfield Way by the	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	

Age UK	Tuesday	10:30-11:30	Dollis Valley Greenwalk	H2 bus stop bench. NW11 6NY Meet by the mopboard at the entrance to Brook Farm Open Space, Totteridge Lane (located downhill from the entrance to Totteridge and Whetstone	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	
Age UK	Wednesday	10:30-11:30	Montrose Park	Meet in front of Uritas building, 76 Montrose Ave. HA8 0DT	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	Option to socialise after in Uritas building.

Age UK	Friday	10:30-11:30 The walk lasts 40-60 mins	Stephens House and Gardens (lasts 40-60 mins).	Meet at Stephens House Cafe, 17 East End Road, Finchley N3 3QE	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	Followed by optional refreshments in local café afterwards.
Age UK	Friday	14:00-15:00	Oakhill Park	Meet at Oak Hill Park car park (Parkside Gardens, East Barnet, EN4 8JP)	Free	Wendy Nutman wendy.nutman@ageukbarnet.co.uk	Followed by optional refreshments in local café afterwards
Barnet Health Walks	Monday	9:30-10:30	Woodside Park N20	Meet at the junction of Laurel View and Laurel Way at the gate to Whetstone Stray	£2.80	sport@barnet.gov.uk Health walks Barnet Council	
Barnet Health Walks	Tuesday	9:30-10:30	Hampstead Heath, NW11	Meet at North End Road, top entrance by	£2.80	sport@barnet.gov.uk	

				café and disabled car park, Golders Hill			
Barnet Health Walks	Wednesda y	9:30-10:30	Friary Park, N12	Meet at gate in Torrington Park opposite Ashurst Way Torrington Park	£2.80	sport@barnet.gov.uk	
Barnet Health Walks	Thursday	9:30-10:30	Hampstea d Heath, NW11	Heath Extension meets opposite Hampstead Way	£2.80	sport@barnet.gov.uk	
Barnet Health Walks	Saturday	9:30-10:30	Woodside Park, N12	Meet at the entrance to Dollis Valley Walk opposite Chanctonbu ry Way - Finchley Central – Southover	£2.80	sport@barnet.gov.uk	
Barnet Health Walks	Sunday		Hampstea d Heath, NW11	Meet at the top of the Heath Extension on	£2.80	sport@barnet.gov.uk	

				Wildwood Road, 20 metres from Hampstead Way junction			
Barnet Men Walking and Talking group	Wednesday	19:00-20:00	Walk starts at Wood Street EN5 4QS	Meet War Memorial outside St John the Baptist Church EN5 4BW	Free	Scott Grover https://www.menwalkingandtalking.co.uk/walks/barnet/ menwalkingandtalking@outlook.com	It's a men mental health support group
East Finchley Wellbeing Walk	Wednesday	10:00-11:00	East Finchley	Meet at Opposite East Finchley Station, behind bus stop H	Free	Louis Victor efwellbeingwalk@gmail.com 07779392911	
BCC (Barnet Carer Centre) Walk & talk	Every 3 rd Thursday of the month	10:00-10:40	Child's Hill Park	Meet outside Magnolia Curt Care Home NW2 2LH	Free	preventionandwellbeing@barnet.gov.uk	Tea and coffee at Magnolia Court after the walk
	The 2 nd and 4 th Thursday of the month	10:00-12:00	High Barnet	Meet at Hope Corner Community Centre		killian.enujuba@barnetcarers.org	

Barnet Walking Football Group	Last Wednesday of each month	11:00	5 to 10 miles Path varies	Meeting points varies accordingly to the path	Free	Kevin Kevz2009@live.co.uk	Dogs are welcomed
Colindale Community trust	Every Friday	10:00-11:00	Grahame Park Colindale	Meet at Old Library	Free	Jan Brennan Community Development Manager Colindale Communities Trust 020 8200 3014 Jan.Brennan@ColindaleCCT.org	
RCCT Romanian Centre	Thursday	10:00-11:00	Burnt Oak Edgware HA8 0LN	Livingstone House 102 A Watling Ave	Free	www.rcct.uk office@rcct.uk 073114848110	
U3A Barnet	See the website	See the website	See the website	See the website	U3A members Fee	Http://barnetu3a.org.uk	
U3A Mill Hill	Fortnightly	Please contact the coordinator	Mill Hill area	Meeting point is outside the Three Hammers Pub, The Ridgeway, NW7 4EA	U3A members fee	Join Mill Hill U3A - Mill Hill U3A Gill Simon 020 35564106	
		Please contact the coordinator	Location various. Please contact the	Meeting points various. Please contact the coordinator.		Join Mill Hill U3A - Mill Hill U3A rdmhu3a@outlook.com	

			coordinator.				
	1 day a month Thursday and Friday	Please contact the coordinator	Location various. Please contact the coordinator.	Meeting points various. Please contact the coordinator.	U3A member fee	Join Mill Hill U3A - Mill Hill U3A stewart@stewartherman.co.uk	
	1 day a month usually on Friday	10:00-16:00	Location various. Please contact the coordinator.	Meeting points various. Please contact the coordinator.		Join Mill Hill U3A - Mill Hill U3A daveandgail47@gmail.com	

Information contained in this timetable was correct at the time of publish. Participants are encouraged to contact the lead organisation ahead of joining an organised walking group to ensure days, times, and meeting locations etc. are correct