

# DISABILITY PROVISION

## WEST OXFORDSHIRE

[better.org.uk/west-oxfordshire](https://better.org.uk/west-oxfordshire)

Version 3 - January 2025



# DISABILITY PROVISION

Take a look at the disability provision across the Better leisure centres in West Oxfordshire.

Find your local Better leisure centre to direct any questions about our facilities or activities

[better.org.uk/west-oxfordshire](https://better.org.uk/west-oxfordshire)

## SWIMMING SESSIONS

All of our disability swimming sessions in the main pool offer the option to swim in a lane or to enjoy an open area of the pool. This is regardless of whether it is a sole disability swim or a combined session.

Small pool sessions are designated disability sessions. Floats and swimming aids can be made available by simply asking a member of the team.

<b>Carterton</b>	Main pool	Monday	10am - 11pm
<b>Carterton</b>	Small pool	Wednesday	11am - 12pm
<b>Carterton</b>	Main pool	Wednesday	11am - 12pm
<b>Chipping Norton</b>	Main pool	Monday	10am - 11am
<b>Chipping Norton</b>	Main pool	Wednesday	10am - 12pm
<b>Chipping Norton</b>	Main pool	Friday	10am - 12pm
<b>Windrush</b>	Main pool	Tuesday	11.30am - 12.30pm
<b>Windrush</b>	Main pool	Thursday	2.30pm - 12.30pm

Sessions need to be booked through the disabled person's account either using the Better UK app or online at [better.org.uk/book](https://better.org.uk/book)

## ACCESSIBLE FACILITIES

All of our centres have accessible parking spaces, accessible toilets, accessible changing facilities, inclusive of poolside changing facilities, poolside hoists to assist with pool entry and exit and ramps and lifts to help wheelchair users navigate our centres. Please see below a couple of additional features to provide an easier customer experience.

### **Poolpod – Carterton Leisure Centre**

A Poolpod is a submersible platform lift which provide easy and independent access to the pool whilst standing or seated. This system includes a custom-designed wheelchair enabling users to transfer to the Poolpod wheelchair in the comfort and privacy of the changing room, removing the need for people to make a poolside transfer from a wheelchair into an assistant operated hoist.

### **Changing Places Toilet Facility**

Changing Places toilets are larger accessible toilets for disabled people, with equipment such as hoists, curtains, adult-sized changing benches and space for carers. These toilets are designed for people who need additional space, equipment and a carer which is not possible within the space of a standard accessible toilet.

# SWIMMING LESSONS

## Small Group Swimming Lessons

We offer small group SEND swimming lessons at the Windrush leisure centre in Witney which have been specifically developed for those swimming with a disability. Our instructors have gone through dedicated training, meaning they can deliver inclusive classes for people with different disabilities, impairments and access needs.

You can book on to these lessons at [better.org.uk/lessons](https://better.org.uk/lessons)

## Level Water 1:1 Lessons

We work with our partner charity Level Water to provide 1-1 swimming lessons for children from 4 to 11 years old with a physical disability, visual impairment or hearing impairment. These specialist sessions are designed to give young people who can't currently swim or need more dedicated attention.

Find out more at [www.levelwater.org/](https://www.levelwater.org/)

# OTHER DISABILITY ACTIVITIES

As well as swimming we also offer other activities for individuals and families to enjoy.

<b>Carterton</b>	SEND jump (Trampoline & Softplay)	Sundays	4pm - 5pm
<b>Windrush</b>	Adult disability multi-sport	Monday (Term time)	2pm - 3pm
<b>Windrush</b>	Seated exercise	Monday	2.30pm - 3.15pm
<b>Windrush</b>	Boccia	Tuesday	11.30am - 12.30pm
<b>Windrush</b>	Boccia	Wednesday	10.45am - 11.45am
<b>Windrush</b>	Sensory friend toddler world	Wednesday	11am - 11.45am
<b>Windrush</b>	Inclusive badminton	Thursday	11am - 12pm

These activities can be booked through the Better UK app or online at [www.better.org.uk/book](https://www.better.org.uk/book).

# INCLUSIVE ADULT & JUNIOR MEMBERSHIPS

Our Inclusive UK adult & junior memberships give people who are registered as disabled access to our gyms, swimming pools, fitness classes and more for a reduced price.

Find out more about our memberships here: [better.org.uk/memberships](https://better.org.uk/memberships)

Please note that carers will always go for free when attending with the cared for.