

VeloPark May 2024 Track Timetable

The programme is subject to change with sessions added or cancelled at short notice.

This timetable shows session START TIMES. For session durations and full details please check our website:

https://www.better.org.uk/leisure-centre/lee-valley/yelopark/track-cycling

Competitions are run by 3rd Party Organisers, please check website for contact details

Start Time	Monday 6 May (Bank Holiday)	Tuesday 7 May	Wednesday 8 May	Thursday 9 May	Friday 10 May	Saturday 11 May	Sunday 12 May	Start Time
8:00								8:00
9:00	2 :					Drop in A	Drop in U	9:00
10:00 11:00	Drop in U					Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	10:00 11:00
12:00	Flying Lap Taster (12:40)			Drop in U		Flying Lap Taster (11.10)	Flying Lap Taster (11.10)	12:00
13:00	Trying Eup Tuster (12.40)	School booking			Track Over 40's and Womens plus Sprint	VP experience (13:15)	Taster (13:15)	13:00
14:00	Taster		Date in H			1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		14:00
15:00	Taster	Drop in U (14:30)	Drop in U		Drop in U (14:45)	Flying Lap Taster (14:40)	Flying Lap Taster (14:40)	15:00
16:00				Drop in U (15:30)		Club Slot	Stage 1	16:00
17:00		BC City Academies	Taster		Taster		21082 2	17:00
18:00 19:00		Taster	Club Slot	Taster (17:30)	Flying Lap Taster (18:10)			18:00
20:00		Gates SQT		Motor Paced SQT	Flying Lap Taster (19:40)			19:00 20:00
21:00			Club Slot		riying Lap Taster (15.40)			21:00
Start Time	Monday 13 May	Tuesday 14 May	Wednesday 15 May	Thursday 16 May	Friday 17 May	Saturday 18 May	Sunday 19 May	Start Time
8:00								8:00
9:00								9:00
10:00						Drop in A	Drop in U	10:00
11:00	School Booking			School Booking		Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	11:00
12:00		Track Over 40's and Womens plus Sprint	Drop in U		Track Over 40's and Womens plus Sprint			12:00
13:00			2126 1112	Drop in U	Transfer to a series to a series a process process	Taster (13:15)	VP experience (13:15)	13:00
14:00 15:00						Flying Lap Taster (14:40)	Christian Lan Tester (14-40)	14:00 15:00
16:00		Drop in U (14:30)	Drop in U (14:30)		Drop in U (14:45)	Flying Lap Taster (14:40)	Flying Lap Taster (14:40)	16:00
17:00			Taster		Taster	Club Slot	Stage 2	17:00
18:00	Stage 1 (16:30)	Taster			Flying Lap Taster (18:10)			18:00
19:00	Endurance SQT	Derny SQT	Club Slot	BC Cluster				19:00
20:00	Endurance 3Q1	Derity 3Q1	Womens Training	DC Cluster	Flying Lap Taster (19:40)			20:00
21:00			Womens Training					21:00
Start Time	Monday 20 May	Tuesday 21 May	Wednesday 22 May	Thursday 23 May	Friday 24 May	Saturday 25 May	Sunday 26 May	Start Time
8:00								8:00
9:00						Dran in A	Dron in II	9:00
10:00						Drop in A	Drop in U	10:00
11:00						Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	11:00
12:00		Track Over 40's and Womens plus Sprint			Track Over 40's and Womens plus Sprint			12:00
13:00						VP experience (13:15)	Taster (13:15)	13:00
14:00 15:00	Drop in U					Flying Lap Taster (14:40)	Flying Lap Taster (14:40)	14:00 15:00
16:00	Taster (16:15)	Drop in U (14:30)	Drop in U (14:30)	Drop in U	Drop in U (14:45)			16:00
17:00	After School Club		Taster		Taster	Club Slot	Stage 3	17:00
18:00		Taster	Club Slot	Taster (17:30)	Flying Lap Taster (18:10)			18:00
19:00	Endurance SQT	Sprint SQT	Club Slot					19:00
20:00	Endurance 3Q1	3pmt 3Q1	Club Slot	Match Sprint SQT				20:00
21:00								21:00
Start Time	Monday 27 May (Bank Holiday	Tuesday 28 May	Wednesday 29 May	Thursday 30 May	Friday 31 May	Saturday 1 June	Sunday 2 June	Start Time
8:00								8:00
9:00						Drop in A	Drop in U	9:00
10:00	Drop in U				_	· · ·		10:00
11:00 12:00	Ching Ion Tactor (13:40)		Track Attack!			Flying Lap Taster (11:10)	Flying Lap Taster (11:10)	11:00 12:00
13:00	Flying Lap Taster (12:40)	Track Over 40's and Womens plus Sprint		Drop in U (12:30)	Track Over 40's and Womens plus Sprint	Taster (13:15)	VP experience (13:15)	12:00
14:00	Taster		Taster (13:30)				VI experience (13.13)	14:00
15:00	Taster	Dans in 11 (14:30)		Taster	Draw in 11 (14 4 45)	Flying Lap Taster (14:40)	Flying Lap Taster (14:40)	15:00
16:00		Drop in U (14:30)	Drop in U (15:30)		Drop in U (14:45)	Club Slot		16:00
17:00			——————————————————————————————————————		Taster	Club Slot	Stage 4	17:00
18:00		Taster		Taster	Flying Lap Taster (18:10)			18:00
19:00							•	19:00
20.00		Drop in A		BC Cluster	FI 1 - 1 - T - 1 - (40, 40)			
20:00 21:00		Drop in A		BC Cluster	Flying Lap Taster (19:40)			20:00 21:00