

ATTENTION SWIM SAFELY RULES

To make our pool a better place for everyone, please follow our rules:

- Under 8s and non-swimmers under 16 must be accompanied in the water by a competent adult swimmer.
- No more than two under 8s or non-swimmers under 16 to each competent adult swimmer.
- The competent adult swimmer must actively supervise under 8s and non-swimmers under 16.
- Under 8s and all non-swimmers must remain in shallow water.
- We strongly recommend under 8s and all non-swimmers use armbands and/or an appropriate buoyancy aid.
- Swimming pools are dangerous environments. You are responsible for your own safety and that of your children. You must actively supervise your children whilst they are in the pool.

Advice to adult non-swimmers

- It is recommended that non-swimmers over the age of 16 are accompanied in the water by a competent adult swimmer.

All customers should ensure they are fit enough to undertake physical activity. If in doubt, check with your doctor.

Thanks and enjoy your swim.

BETTER