



BETTER BARNET ACCESSIBLE GUIDE

For full centre details, please visit better.org.uk/barnet

In partnership with



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LEISURE CENTRES IN BARNET



- 01. Barnet Burnt Oak Leisure Centre**
Watling Avenue,
Edgware, HA8 0NP
- 02. Barnet Copthall Leisure Centre**
Champions Way,
Hendon, NW4 1PX
- 03. Hendon Leisure Centre**
Marble Drive,
London, NW2 1XQ
- 04. New Barnet Leisure Centre**
1 Lawton Road,
Barnet, EN4 9BS
- 05. Finchley Lido Leisure Centre**
Great North Leisure Park,
Chaplin Square,
Finchley, N12 0GL

BURNT OAK LEISURE CENTRE



Burnt Oak	Monday	Wednesday	Wednesday	Friday
Activity	Inclusive Gym Session	Inclusive Gym Session	Multi-Sports Activity	Inclusive Gym Session
Time	9am–12 noon	9am–12 noon	11am–12.30pm	9am–12 noon
Age	16+	16+	14+	16+
Contact	✉ burnt-oak@gll.org		☎ 020 8201 0982	

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.



This centre is fully accredited by IFI. Supporting the fitness industry to become more inclusive, catering for the needs of disabled and non-disabled people, raising physical activity participation levels.

Multi-Sports Activity

A weekly session with a variety of sporting activities including football, badminton, bocchia, poly bat, new age kurling and much more! Open to anyone over 14 years of age.

COPTHALL LEISURE CENTRE



Copthall	Monday	Tuesday	Friday	Sunday
Activity	Inclusive Gym Session	Dementia Swimming	Inclusive Gym Session	Inclusive Swim Session
Time	12.30pm–2.30pm	2pm–3pm	9am–10am	3.30pm–4.30pm
Age	16+	16+	16+	16+
Contact	✉ copthall@gll.org		☎ 020 8457 9900	

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

Dementia Swimming

We welcome anyone living with dementia to attend this swim session. Our staff have received dementia training and are happy to support you should you need further assistance.

Inclusive Swim Session

We host an inclusive swim session with a staff member present to assist customers who may require some additional support.

FINCHLEY LIDO LEISURE CENTRE



Finchley Lido	Tuesday	Thursday
Activity	Inclusive Gym Session	Inclusive Gym Session
Time	12 noon–2pm	1pm–3pm
Age	16+	16+
Contact	✉ finchley-lido@gll.org	☎ 020 8343 9830

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.



This centre is fully accredited by IFI. Supporting the fitness industry to become more inclusive, catering for the needs of disabled and non-disabled people, raising physical activity participation levels.

HENDON LEISURE CENTRE



Hendon	Monday	Tuesday	Wednesday	Saturday
Activity	Inclusive Gym Session	Inclusive Gym Session	Inclusive Gym Session	Inclusive Gym Session
Time	2pm–4pm	2pm–4pm	2pm–4pm	1pm–2pm
Age	16+	16+	16+	16+
Contact	✉ hendon@gll.org		☎ 020 8455 0818	

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

NEW BARNET LEISURE CENTRE



New Barnet	Monday	Wednesday	Thursday
Activity	Inclusive Swim Session	Inclusive Swim Session	Inclusive Gym Session – starting January 2020
Time	11am–12 noon	9am–10am	11am–1pm
Age	All ages	All ages	16+
Contact	✉ new-barnet@gll.org		☎ 020 8368 7070

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

Inclusive Swim Session

A swim session for people with disabilities, parents and carers are welcome. Swim safely rules apply.

ACCESSIBLE FACILITIES

	Burnt Oak	Cophall	Finchley	Hendon	New Barnet
Gym adapted for wheelchair users	✓	✓	✓	✓	✓
Baby change facilities	✓	✓	✓	✓	✓
Ramp access	✓	✓	✓	✓	✓
Accessible toilets	✓	✓	✓	✓	✓
Lift	✓	✓		✓	✓
Stairlift			✓		
Pool hoist	N/A	✓	✓	N/A	✓
Wheelchair access to poolside	N/A	✓	✓	N/A	✓
Accessible parking	✓	✓	✓	✓	✓
Accessible changing	✓	✓	✓	✓	✓
Accessible group activities	✓	✓	✓	✓	✓
Hearing loop	✓	✓	✓	✓	✓

For more information, please visit better.org.uk/barnet

To support and encourage Barnet residents to live a more active and healthier lifestyle, each and every resident is entitled to a **FREE** FAB Card. Additional benefits are available to registered carers, foster carers, children in care and care leavers.

Find out more at better.org.uk/fab-hub