

For full centre details, please visit **better.org.uk/barnet**

In partnership with



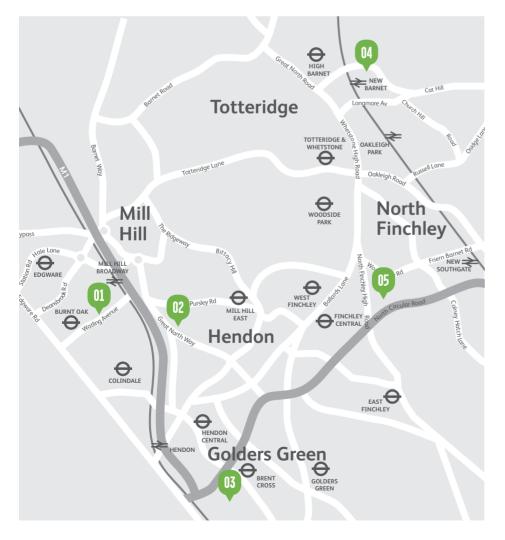


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LEISURE CENTRES IN BARNET



- 01. Barnet Burnt Oak Leisure Centre Watling Avenue, Edgware, HA8 ONP
- 02. Barnet Copthall Leisure Centre Champions Way, Hendon, NW4 1PX
- 03. Hendon Leisure Centre Marble Drive, London, NW2 1XQ
- 04. New Barnet Leisure Centre 1 Lawton Road, Barnet, EN4 9BS
- 05. Finchley Lido Leisure Centre Great North Leisure Park, Chaplin Square, Finchley, N12 0GL

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Burnt Oak	Monday	Wednesday	Wednesday	Friday	
Activity	Inclusive Gym Session	Inclusive Gym Session	Multi-Sports Activity	Inclusive Gym Session	
Time	9am–12 noon	9am–12 noon	11am-12.30pm	9am–12 noon	
Age	16+	16+	14+	16+	
Contact	burnt-oak@gll.org		C 020 8201 0982		

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.



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This centre is fully accredited by IFI. Supporting the fitness industry to become more inclusive, catering for the needs of disabled and non-disabled people, raising physical activity participation levels.

Multi-Sports Activity

A weekly session with a variety of sporting activities including football, badminton, boccia, poly bat, new age kurling and much more! Open to anyone over 14 years of age.



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Copthall	Monday	Tuesday	Friday	Sunday	
Activity	Inclusive Gym Dementia Session Swimming		Inclusive Gym Inclusive Sw Session Session		
Time	12.30pm–2.30pm	2pm–3pm	9am–10am	3.30pm–4.30pm	
Age	16+	16+	16+	16+	
Contact	copthall@gll.org		020 8457 9900		

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

Dementia Swimming

We welcome anyone living with dementia to attend this swim session. Our staff have received dementia training and are happy to support you should you need further assistance.

Inclusive Swim Session

We host an inclusive swim session with a staff member present to assist customers who may require some additional support.

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FINCHLEY LIDO LEISURE CENTRE

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Finchley Lido	Tuesday	Thursday		
Activity	Inclusive Gym Session	Inclusive Gym Session		
Time	12 noon–2pm	1pm–3pm		
Age	16+	16+		
Contact	finchley-lido@gll.org	020 8343 9830		

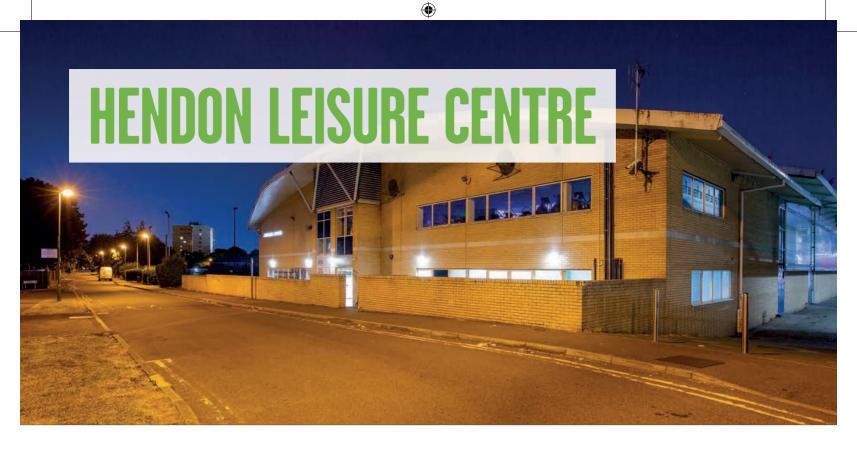
Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.



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Hendon	Monday	Tuesday	Wednesday	Saturday	
Activity	Inclusive Gym Session	Inclusive Gym Session	Inclusive Gym Session	Inclusive Gym Session	
Time	2pm–4pm	2pm–4pm	2pm–4pm	1pm–2pm	
Age	16+	16+	16+	16+	
Contact	hendon@gll.org		020 8455 0818		

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

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New Barnet	Monday	Wednesday		Thursday		
Activity	Inclusive Swim Session	Inclusive Swim Session				Inclusive Gym Session – starting January 2020
Time	11am–12 noon	9am–10am		11am–1pm		
Age	All ages	All ages		16+		
Contact	new-barnet@gll.org		60	20 8368 7070		

Inclusive Gym Session

A fully supervised gym session to enable customers to maximise their potential to use the facilities.

Inclusive Swim Session

A swim session for people with disabilities, parents and carers are welcome. Swim safely rules apply.

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ACCESSIBLE FACILITIES

	Burnt Oak	Copthall	Finchley	Hendon	New Barnet
Gym adapted for wheelchair users	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Baby change facilities	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Ramp access	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Accessible toilets	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Lift	\checkmark	\checkmark		\checkmark	\checkmark
Stairlift			\checkmark		
Pool hoist	N/A	\checkmark	\checkmark	N/A	\checkmark
Wheelchair access to poolside	N/A	\checkmark	\checkmark	N/A	\checkmark
Accessible parking	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Accessible changing	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Accessible group activities	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark
Hearing loop	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark

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For more information, please visit better.org.uk/barnet

To support and encourage Barnet residents to live a more active and healthier lifestyle, each and every resident is entitled to a **FREE** FAB Card. Additional benefits are available to registered carers, foster carers, children in care and care leavers.

Find out more at **better.org.uk/fab-hub**

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398

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