



JUNIOR ACTIVITY GUIDE

Ages 4–19 years old
London Borough of Camden 2019



Camden



Sidings
Community
Centre

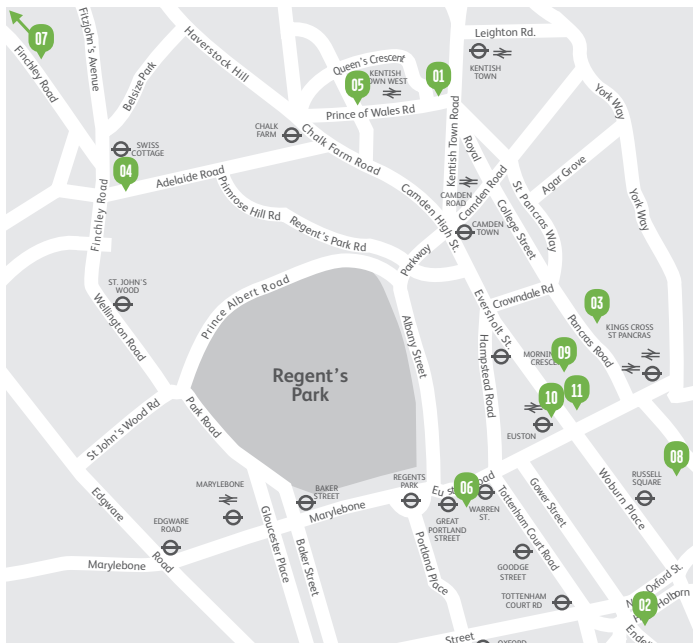


coram's
fields

Somers Town
Community Association

BETTER
the feel good place

YOUR BETTER LEISURE CENTRES AND COMMUNITY VENUES



BETTER LEISURE CENTRES

1. Kentish Town Sports Centre
2. Oasis Sports Centre
3. Pancras Square Leisure
4. Swiss Cottage Leisure Centre
5. Talacre Community Sports Centre

LOCAL COMMUNITY CENTRES

6. Fitzrovia Youth in Action
7. Sidings Community Centre
8. Coram's Fields
9. St Pancras Community Centre
10. Basil Jellicoe Hall
11. Somers Town Community Association

YOUR ACTIVITIES

- Basketball
- Football
- Karate
- Tennis
- Swimming
- Multi-sport
- Rock Climbing
- Gymnastics
- Rookie Lifeguard
- Trampolining
- Youth Club
- Fencing
- Badminton
- Junior Gym
- Table tennis
- Soft Play
- Studio Recording
- Inclusion Project

For more information and how to book, please visit better.org.uk/camden or betterlessons.org.uk

For community bookings please contact the organisation or venue directly.



MONDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Tennis	4.30pm–5.15pm	5–7
		5.15pm–6pm	8–9
		6pm–7pm	10–12
	Football	4pm–4.45pm	4–5
		4.45pm–5.30pm	4–5
		5.30pm–6.15pm	4–6
Junior Gym	4.30pm–6.30pm	11–15	
Soft Play (Rascals)	9am–6pm	2–10	
Kentish Town Sports Centre	Junior Gym	4pm–6pm	11–15
	Rookie Lifeguard	6.15pm–7pm	11+
Pancras Square Leisure	Swim for Families	11am–12.30pm	Up to 16
		4pm–5.30pm	Up to 16
Talacre Community Sports Centre	Soft Play (Treetops)	9am–10.30am	Under 5s
		10.30am–7pm	Under 11s
Coram's Fields	Football (girls only)	5pm–6pm	12–16
Sidings Community Centre	Table Tennis	4.30pm–6.15pm	11–17
	Youth Club	5.30pm–8pm	11–17
Somers Town Community Asssocation	Youth Club	3.15pm–7pm	11–19
	Football	4.30pm–6.00pm*	8+



* During school term only

TUESDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Gymnastics (Fundamental)	4pm–5pm	4–7
	Gymnastics	4pm–7pm	5+
	Rock Climbing	5.30pm–7pm	Up to 18
	Junior Gym	4.30pm–6.30pm	11–15
	Soft Play (Rascals)	9am–6pm	2–10
Kentish Town Sports Centre	Junior Gym	4pm–6pm	11–15
Talacre Community Sports Centre	Soft Play (Treetops)	9am–10.30am	Under 5s
		10.30am–7pm	Under 11s
Pancras Square Leisure	Swim for Families	11am–12.30pm	Up to 16
	Swim for Families	4pm–5.30pm	Up to 16
Oasis Sports Centre	Junior Gym	4pm–5.30pm	11–15
Coram's Fields	Youth Gym (girls only)	5pm–6pm	13–19
	Coram's FC U14 & U16 Football (boys only)	6pm–7pm	12–16
Fitzrovia Youth in Action	Cumberland Youth Club	5pm–7pm	Up to 16
	Girls Club	4.30pm–6pm	12–19
Sidings Community Centre	Football	5.15pm–7pm	11–17
Somers Town Community Association	Youth Club (girls only)	3.15pm–6pm	11–19
	Youth Gym (girls only)	4.30pm–5.30pm	11–19
	Multi-Sport Sessions*	4.30pm–6pm	11–19
	Recording Studio*	6pm–8.30pm	11–19

* St Pancras Community Centre



WEDNESDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Basketball	6pm–7pm	Under 11
	Rock Climbing	5.30pm–7pm	Under 18
	Junior Gym	4.30pm–6.30pm	11–15
	Soft Play (Rascals)	9am–6pm	2–10
Kentish Town Sports Centre	Karate	5pm–6pm	5+
	Rookie Lifeguard	5pm–5.45pm	11+
	Junior Gym	5pm–6pm	11–15
Talacre Community Sports Centre	Soft Play (Treetops)	9am–10.30am	Under 5s
		10.30am–7pm	Under 11s
Pancras Square Leisure	Junior Gym	4pm–6pm	11–15
	Swim for Families	11am–12.30pm	Up to 16
	Swim for Families	4pm–5.30pm	Up to 16
Coram's Fields	Football (boys only)	5pm–7pm	15–19
Fitzrovia Youth in Action	Football & Fitness	5pm–6.30pm	6–11
	Football	6pm–7pm	Up to 12
Sidings Community Centre	Youth Club	6pm–8.30pm	11–17
Somers Town Community Association	Table Tennis Sessions*	3.30pm–5pm	11–19

* Basil Jellicoe Hall



THURSDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Trampoline	4pm–5pm	4–6
		5pm–6pm	7–8
		6pm–7pm	11–15
	Football	4pm–5pm	6–7
		5pm–6pm	7–8
		6pm–7pm	8–10
		7pm–8pm	10+
	Rock Climbing	5.30pm–7pm	up to 18
	Junior Gym	4.30pm–6.30pm	11–15
Soft Play (Rascals)	9am–6pm	2–10	
Junior Spin*	4.15pm–5pm	11–16	
Kentish Town Sports Centre	Junior Gym	4pm–6pm	11–15
Talacre Community Sports Centre	Table Tennis	4.30pm–6.30pm	Up to 16
	Trampoline	6pm–7pm	Up to 16
	Soft Play (Treetops)	9am–10.30am	Under 5s
10.30am–7pm		Under 11s	
Oasis Sports Centre	Junior Gym	4pm–5.30pm	11–15
Coram's Fields	Football (boys only)	5.30pm–6.30pm	13–19
	Football League (boys only)	7pm–8pm	Under 16s
Somers Town Community Association	Youth Club	3.15pm–7pm	11–19
	Youth Gym	4pm–5pm	11–19
	Inclusion Project	3.15pm–8.30pm	11–25

*During school term time only.



FRIDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Gymnastics	4pm–5pm	4–7
	Gymnastics	4pm–7pm	5+
	Rock Climbing	5.30pm–7pm	up to 18
	Junior Gym	4.30pm–6.30pm	11–15
	Soft Play (Rascals)	9am–6pm	2–10
Kentish Town Sports Centre	Karate	5pm–6pm	5+
	Junior Gym	4pm–6pm	11–15
Talacre Community Sports Centre	Friday Night Project*	7.45pm–10pm	12–17
	Soft Play (Treetops)	9am–10.30am	Under 5s
		10.30am–7pm	Under 11s
Coram's Fields	Youth Gym (boys only)	6.30pm–8pm	16–19

* First Friday of the month



Getting people moving more

Friday nights for 12–17s

Instagram!! FNP.CAMDEN

Are you aged 12–17?

Trampolining, Parkour, Boxing, Basketball,
Dodgeball Football, Table Tennis and more...

Date: First Friday every month

Time: 7:45pm–10pm

Cost: £2

Venue:

Talacre Community Sports Centre,
Dalby Street, NW5 3AF

Register in advance at centre
reception or on the night.

Download a form:

camden.gov.uk/FNP

email: active@camden.gov.uk



Discover something new at

camden.gov.uk/active
active@camden.gov.uk

Camden Fencing Club Community Club

Beginners Classes with Professional Coaching

Sabre: Adult and Junior

Foil: Adult and Junior



For further details contact:

Patricia Aiyenuro

Mob: 07786 064836

Email: camdenfencingclub@gmail.com

www.camdenfencingclub.org.uk

**CLUB
MARK**



SATURDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Rock Climbing	10.45am–12.15pm	up to 18
	Junior Gym	4.30pm–6.30pm	11–15
	Soft Play (Rascals)	9am–6pm	2–10
Kentish Town Sports Centre	Junior Gym	12 noon–2pm	11–15
	Karate	3pm–4pm	5+
Talacre Community Sports Centre	Basketball	11.15am–12.30pm	up to 16
	Basketball (Advanced)	12.30pm–2pm	14+
	Trampolining	10am–11am	up to 16
	Talacre Soft Play (Treetops)	8.45am–3.15pm	up to 11
Somers Town Community Association	Girls and Young Women Project	2pm–5pm	11–19
	Youth Gym (girls only)	4pm–5pm	11–19



SUNDAY

Location	Activity	Time	Age (years old)
Swiss Cottage Leisure Centre	Rock Climbing	9.15am–10.45am	up to 18
		10.45am–12.15pm	up to 18
	Junior Gym	12 noon–2pm	11–15
	Soft Play (Rascals)	9am–2pm	2–10
Kentish Town Sports Centre	Junior Gym	12 noon–2pm	11–15
	Family Swim Session	3pm–5pm	11–19
Pancras Square Leisure	Junior Gym	2pm–4pm	11–15
	Swim for Families	10am–3.30pm	Up to 16
Talacre Community Sports Centre	Badminton	5pm–6pm	up to 16
	Talacre Soft Play (Treetops)	8.45–3.15pm	up to 11
Fitzrovia Youth in Action	Football	2pm–4pm	13–16
	Football	4pm–5pm	up to 12
	Football training (boys and girls)	5pm–6pm	up to 12



CALENDAR 2019

January

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February

S	M	T	W	T	F	S
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March

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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April

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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May

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19	20	21	22	23	24	25
26	27	28	29	30	31	

June

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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July

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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August

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				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September

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1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November

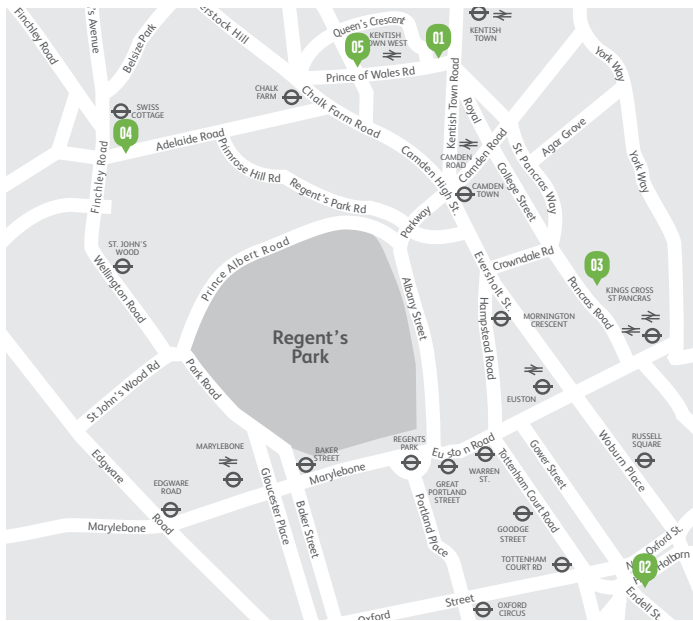
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



CONTACT US



1. Kentish Town Sports Centre

Grafton Rd, London NW5 3DU
Tel: 020 7974 7000
better.org.uk/kentish-town

2. Oasis Sports Centre

32 Endell St, London WC2H 9AG
Tel: 020 7831 1804
better.org.uk/oasis

3. Swiss Cottage Leisure Centre

4a Adelaide Rd, London NW3 3NF
Tel: 020 7974 2012
better.org.uk/swiss-cottage

4. Talacre Community Sports Centre

Dalby Street, London NW5 3AF
Tel: 020 7974 8765
better.org.uk/talacre

5. Pancras Square Leisure

5 Pancras Square, London N1C 4AG
Tel: 020 7974 5555
better.org.uk/pancras-square

For more information on youth activities or clubs please contact daniel.bank@gll.org

LOCAL COMMUNITY GROUPS



Fitzrovia Youth in Action – Girl Club

141 Cleveland St, Fitzrovia, London W1T 6QG

Tel: 02073887399

www.fya.org.uk

Fitzrovia Youth in Action – Football

Warren Sports Pitch, Whitfield Place, London W1T 5JX

Tel: 020 7388 7399

www.fya.org.uk



Sidings Community Centre

150 Brassey Rd, London NW6 2BA

Tel: 020 7625 6260

www.sidings.org.uk/youthproject



Coram's Fields

93 Guilford Street, Camden, London WC1N 1DN

Tel: 020 3384 2209

www.coramsfields.org/sportsprogramme

Somers Town

150 Ossulston street, London NW1 1EE

Tel: 020 7388 6088

<http://www.somerstown.org.uk>



Somers Town Youth Centre

134 Chalton Street

London, NW1 1RX

START YOUR CAREER TODAY WITH AN APPRENTICESHIP

Earn while you learn and gain the experience and qualifications essential to building your career.

Apprenticeships offer you the opportunity to learn on the job, build a network of colleagues, and start a career with GLL (Better), the UK's largest leisure operator. Set the limits of how far you want to go!

For more information, please visit gllcollege.co.uk/apprenticeships.

PAY AND PLAY AND JUNIOR GYM MEMBERSHIPS

Pay and Play

These cards are useful if you are unsure how regularly you will use our facilities. They give you access to member rates too! Annual Pay and Play is £2.90 for Camden residents, or £16.40 if you live outside the borough.

Monthly

If you will use Junior Gym and our activities more than once a week, this is the membership for you. Monthly Junior £16.40 per month for Camden residents and £13.10 with a concessionary.

Annual

If you are a committed user of Better facilities across Camden, sign up for the year and you can get 2 months free! Annual Junior £164.00 or £131 with concessionary.

STUDENT MEMBERSHIP ALL INCLUSIVE

From £34.95 / month

Valid In Any Better Centre In The UK

Your membership includes:

- Inclusive access to the gym, fitness classes and swimming at Better Centres across the UK
- Inclusive personalised fitness induction and personal exercise programme

PROOF OF ELIGIBILITY REQUIRED

Better Health and Fitness Student does not include access to Colombo Centre. Access to Better leisure centres in Camden and Charlton Lido is only valid if purchased at these centres. Please note number of centres may be subject to change.

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