



# GOOD CRUNCH™

DEHYDRATED FRUIT BITES

## REAL FRUIT. REAL CRUNCH. REAL GOOD.

- Made with all-natural fruit
- Good source of fiber
- No added sugar\*
- Dehydrated using solar energy - no added oil!

\*Not a low-calorie food. See nutrition facts for sugar and calorie content.

^ No genetically modified (or engineered) ingredients



Nutrition Facts		Amount/serving	% DV*	Amount/serving	% DV*
Total Fat	0g	0%	Total Carbohydrate	25g	9%
Sat. Fat	0g	0%	Dietary Fiber	3g	11%
Trans Fat	0g	0%	Total Sugars	19g	
Cholesterol	0mg	0%	Incl. Og Added Sugars	0%	0%
Sodium	0mg	0%	Protein	1g	
<b>Calories 110</b>		per serving			
Vitamin D 0%		Calcium 0%	Iron 0%	Potassium 300mg	6%
Magnesium 30mg		8%	Manganese 4.3mg	180%	

INGREDIENTS: PINEAPPLE.  
MANUFACTURED FOR ©DOLE PACKAGED FOODS, LLC  
WESTLAKE VILLAGE, CA 91361  
PRODUCT OF THAILAND

SATISFACTION GUARANTEED CALL 1-800-232-8888  
STORE IN COOL DRY PLACE

NET WT 10 OZ. (284g)



Connect with us @dole sunshine

non-GMO<sup>^</sup>



## Add Irresistible Flavor & Crunch to Any Menu!



REFRESHMENTS



PARFAITS/DESSERTS



SALADS



CRUSTED COATING



# GOOD CRUNCH™

Often a recipe just needs that added bit of crunch.

## WHY NOT PACK IN THE FLAVOR AS WELL?

Dole® Good Crunch™ delivers the best of both worlds, adding tart and tangy pineapple flavor to salads, beverages, desserts, smoothie bowls and more!

### DID YOU KNOW?

Dole Good Crunch can be used as a **gluten-free substitute for croutons** on your salad offerings.



### NUTRITION FACTS

	Kosher Status	Serving Size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Magnesium % DV*	Manganese % DV*
Dole Good Crunch Pineapple Bites		28g	110	0	0	0	0	25	3	19	0	<1	0	6	0	8	190

Pineapple.

\* Percentages based on the daily value of a 2,000 calorie diet.

### CASE SPECIFICATIONS

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Case Weight		Case Cube (ft³)	Per Case Pallet	Shelf Life
				Net	Gross			
Dole Good Crunch Pineapple Bites	100-75700-01004-8	4/10 oz.	12.84 x 9.30 x 7.58"	0.63 lb	2.97 lb	0.18	280	1 year

Visit [www.dolefoodservice.com/good-crunch](http://www.dolefoodservice.com/good-crunch) to learn more or call 1-800-462-7706 to speak to a Dole representative.



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